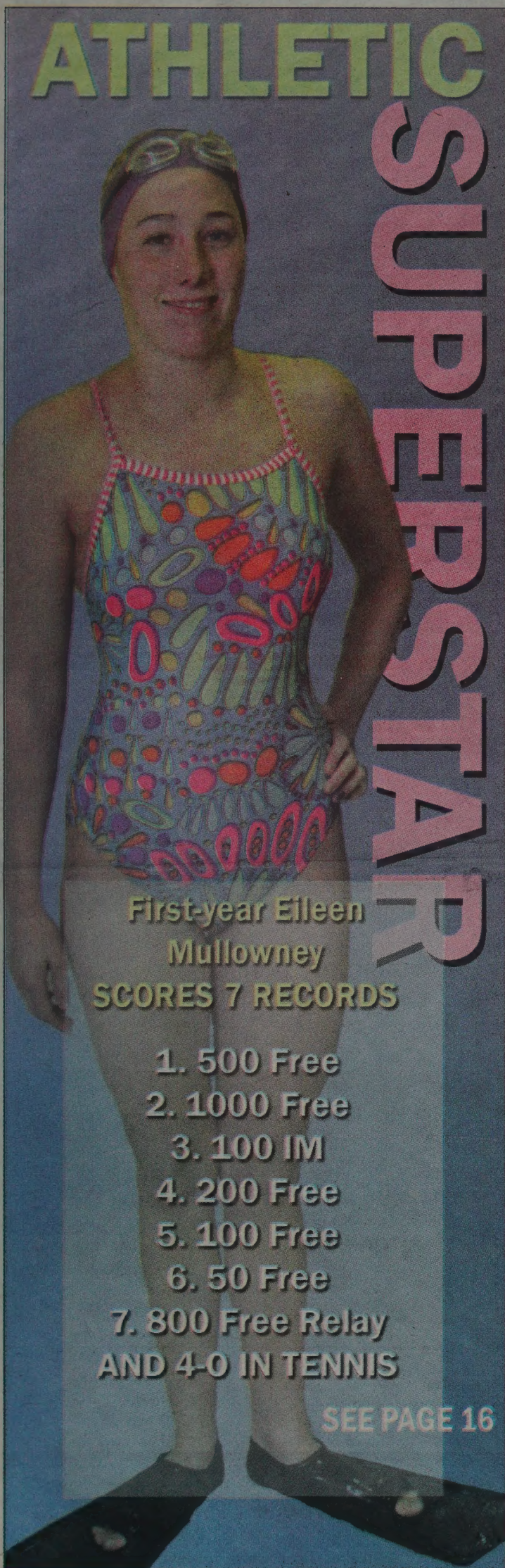


## ATHLETIC SUPERSTAR



**First-year Eileen Mullowney SCORES 7 RECORDS**

1. 500 Free
2. 1000 Free
3. 100 IM
4. 200 Free
5. 100 Free
6. 50 Free
7. 800 Free Relay

**AND 4-0 IN TENNIS**

SEE PAGE 16

## Admission office posts records of more than 2,400 applicants

*Applicants GPA, SAT scores, rank posted in public folder*

By Rob Zodda  
News Editor

A list of 2009 applicants to St. Michael's College was placed in a public online folder, allowing students, staff members and alumni with an active St. Michael's e-mail account to access it. Along with the names of more than 2,000 applicants, the list included their high schools, GPAs, projected GPAs, SAT scores and application status.

Three weeks ago, St. Michael's Vice President for Enrollment Jerry Flanagan discovered an envelope marked "confidential" in his campus mailbox, he said. Inside was a typed note warning Flanagan that confidential information from the Admissions Office had been made public. The note was unsigned.

Admission employees said they had no idea

about the breach in security until they received the anonymous letter.

"Honestly, it was a shock," Flanagan said.

He suspects that the letter came from a student, but is not certain.

"I don't know who sent the notice to me, but I'm extremely grateful that they did," he said. "I would like to thank them."

Admission Director Jackie Murphy said she was surprised and concerned about the release of this confidential information.

"We totally thought that this section was restricted to only those people who work in the office. As soon as we found out that it wasn't, we contacted IT and it was corrected immediately," Murphy said. "I suppose it begs the question, why draw attention to it now?"

See **ADMISSION**, Page 3

## Purple Knights 'back in business'



Photo by Kayla Sibilia

Sophomore Phoebe Green takes a look at the new Purple Knights to-go menu as she waits for her order.

*Local owners reopens cafe across from St. Michael's*

By David Walsh  
Staff Writer

You can't cross Vermont 15 and find a slice from Purple Knight's Pizza, but you can find the relaxing and peaceful atmosphere of the new PK Café.

On Jan. 26, PK Café, formerly Purple Knight's Pizza, officially opened its doors to St. Michael's College and the surrounding community.

Purple Knight's Pizza closed in December 2008. PK Café welcomed its customers with a new look and new attitude.

PK Café did what co-owner Leslie Wells called a "soft opening" on Jan. 26 so they could make sure they were fully prepared.

"It took us a couple of days to work the kinks out because we made a bunch of changes," Wells said. "We made changes in the stations, we made changes in some of the food, so we had to make sure that everything would work and we're still kind of doing that."

During the first few days of business there were so many preparations to be made that there was only one word that Wells

could use to describe the scene at PK Café.

"Hectic," Wells said. "Trying to get everything back in house and everything prepped- we didn't have our sign out yet."

The establishment has remained busy even though PK Café no longer does pizza, which was the most time consuming product, she said.

See **CAFE**, Page 3

## INSIDE THIS WEEKS ISSUE

### ACADEMIC BATTLE OF THE SEXES

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A look into dream analysis  
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Veteran Sodexo  
worker leaves  
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service Page 7

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## News

The Student Publication of St. Michael's College

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## CORRECTIONS &amp; CLARIFICATIONS

For corrections & clarifications, please e-mail The Defender at [defender@smcvt.edu](mailto:defender@smcvt.edu).

## MISSION STATEMENT

As the editorial staff of The Defender, the student-run newspaper of St. Michael's College, we strive to accurately, professionally and ethically report the news affecting the lives of students and the community.

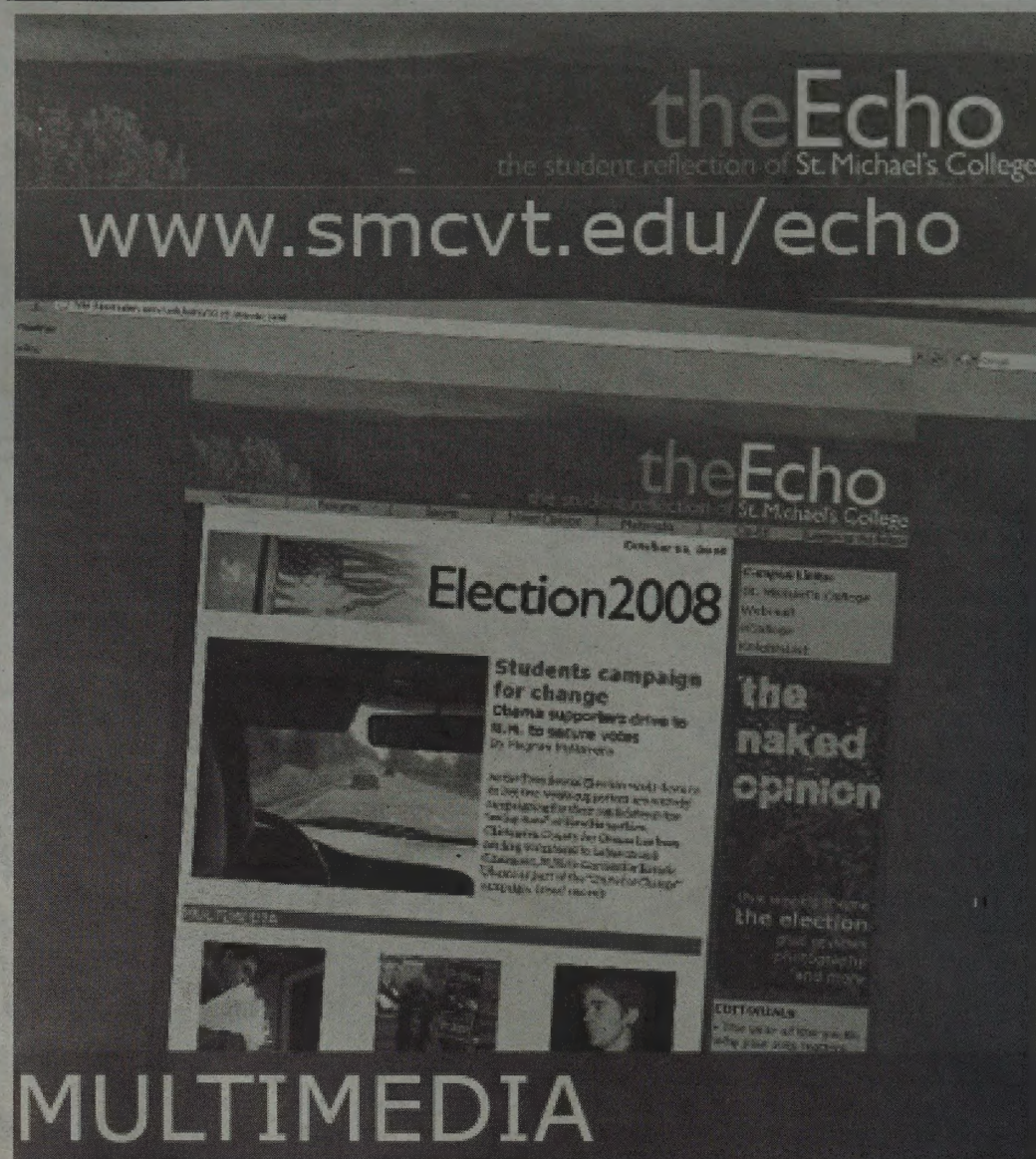
The Defender is a designated public forum. Student editors make all content decisions. We believe in the freedom of expression. We encourage our readers to express their views at any time.

The Defender publishes letters to the editor in response to articles that we have printed in the paper and issues on campus. The Defender does not publish anonymous letters. Letters will be edited only for grammar, spelling, good taste, and sometimes length.

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## the Echo TODAY ON OUR WEB SITE

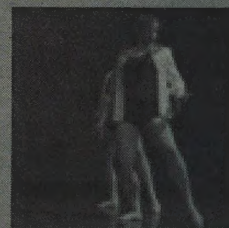


## MULTIMEDIA



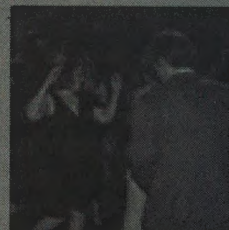
St. Michael's students  
brave the Penguin Plunge

Behind the music:  
Dance team show



In Memory of Pluto:  
Journey to Rock Royalty

Hail to the Chief:  
Burlington Obama Ball



## SECURITY LOG

Excerpts from Jan. 31-Feb. 5 Security reports,  
provided by St. Michael's College Office of Safety and Security

## SAT/Jan. 31

1:10 a.m. Fire safety violation, Ryan Hall  
5:29 p.m. Fire, Hoehl Welcome Center  
9:36 p.m. Drug violation: Odor complaint, Lyons Hall

## SUN/Feb. 1

2:25 a.m. Medical assist, Ryan Hall  
2:25 a.m. Drunkenness: Released to responsible party, Ryan Hall  
9:50 a.m. Unlawful entry, Linnehan Hall

## MON/Feb. 2

9:50 a.m. Vandalism, Linnehan Hall  
9:50 a.m. Unlawful entry, Linnehan Hall

## TUE/Feb. 3

11:30 a.m. Drug paraphernalia, Cashman Hall

## WED/Feb. 4

7:30 a.m. Motor vehicle accident, hit and run, Dupont Hall  
11:43 a.m. Medical assist, Jeanmarie Hall  
5:50 p.m. Motor vehicle accident, Zone A

## THUR/Feb. 5

2:08 a.m. Medical assist, P.K. Cafe  
2:30 p.m. Larceny/theft, Ryan Hall

## NEWS

## CAFE: Former Purple Knights Pizza celebrates grand re-opening as PK Café

Continued from page 1

"It steadily got busier throughout the week as people figured out that we are open," Grace Campbell, a PK Café employee said.

Although it is a different place, many loyal customers continue to come in and eat. Among them is David Boyle, a St. Michael's graduate student. Even though the menu was different, he was not disappointed with PK Café, he said.

"The menu is a little thinner but other than that the food is of the same quality as it was before," Boyle said.

### New Beginnings

Purple Knight's Pizza closed at the end of November. Co-owners Wells and Rick Hubbard had considered closing the establishment for a long time partly due to the increasing economic crisis but also because Wells and Hubbard were looking to create a new image for themselves, they said.

"We were limited," Wells said. "We thought about it for a long time. How can we really do more of what we want to do?"

The lack of room for expansion and creativity, compounded by the rising cost of making and delivering pizzas, were the major reasons for shutting down, Wells said.

While Purple Knights was closed, Wells and Hubbard were

attending to personal matters while thinking of how to revamp the restaurant, they said.

It was during this period that they came up with the concept for PK Café, Wells said.

### Changes

Although PK Café is a new direction for the owners, the changes that have happened have actually been few, Wells said.

"Hopefully, we can offer enough to the students at St. Mike's as well as also to all the business that goes by," Wells said.

There were mostly physical changes to help lighten the mood, she said. Some of the changes include soft jazz music, new couches and a pastel pink paint job.

Wells wanted to have a place that had a relaxed mood, she said.

There were only a few changes made to the item, the biggest being the elimination of pizza, Wells said.

According to Wells, making pizza was not cost-effective. With the prices of the ingredients rising and the amount of business at a plateau, it soon became illogical to make pizzas, Wells said.

Junior Meghan Kerrigan, thinks PK Café is a good change. Even without pizza, it still remains a good option for food when going off of campus, she said.



Sophomore Grace Campbell takes orders at the new PK Café

Photos by Kayla Sibilia



Above: Junior Alex MacMillan reads the new PK Café menu

Left: PK Café celebrates its grand opening

# ADMISSION: Academic information released

Continued from page 1

### Security versus efficiency

Billie Miles, director of Information Technology believes the problem occurred when the folder was created.

"At this point it's hard to do forensics on it," Miles said. "My guess is that this was an oversight during the setup process."

In a follow-up e-mail interview, Miles wrote that the folder containing the confidential information was created on Dec. 31.

Flanagan said that he has always been concerned that information will be harder to keep track of when it is online, and that he was especially concerned this year, when the reviewing process became entirely paperless. For the first time, the list used to track the total applicant pool by high school was put online, Flanagan said.

"We have gone to a whole paperless operation, dealing with technology," Flanagan said. "When files were here, we could close and lock the doors and drawers. It's a trade-off, an issue of security versus efficiency."

"We have gone to a whole paperless operation, dealing with technology. When files were here, we could close and lock the doors and drawer. It's a trade-off, an issue of security versus efficiency."

**Jerry Flanagan**  
vice president for enrollment

### "A FERPA boo-boo"

Although the problem was corrected immediately following its discovery, experts believe that this incident could be a legal violation. Frederick Lane, Burlington attorney and author, is an expert on privacy matters, computer forensics, Internet technology and censorship issues. Lane was surprised that the confidential applicant information was in a public folder.

"It sounds highly unusual. This is the kind of information that few schools want to be public," he said. "This could be something that runs afoul of the law."

He expressed concern about the danger of emotional suffering or other negative consequences that could take place if this infor-

mation had fallen into the wrong hands.

Ricky Norment, program analyst from the family compliance office of the Family Educational Rights and Privacy Act regulations (FERPA), agrees that this situation is atypical.

"Oh, absolutely," Norment said. "It sounds to me like that would be a violation of FERPA."

When asked if she thought St. Michael's committed a legal violation, Murphy said, "I think it would be a FERPA boo-boo. I think they would say, 'This was an issue that was corrected.'"

She knows of no problems or complaints, which she knew of, have occurred due to this information being made available, and added, "It would be foolish to create sort of a tem-

said.

Despite this incident, St. Michael's employees believe the new paperless processes are superior to using the old filing system. Flanagan said Admission employees try to be vigilant regarding confidential information, and added, "We are much more secure, in many ways, than when we had files around that were easily accessible."

Happy Valentine's Day,  
Grace Kelly.  
Thanks for all that you do.  
Love, the Class of 2011

Of all the things you know I love,  
Lemon squares, Joel songs, and the stars up above,  
You could have probably guessed,  
That you're by far the best,  
And I love you in every possible way,  
Especially on Valentine's Day!

To Matt Seklecki From Grace Campbell

## NEWS

# Fourth meal program delayed over cost

By Mia Weber  
Staff Writer

Students expecting a fourth meal program this semester will be disappointed. Due to the economic climate, and the high costs of keeping the Green Mountain Dining Room open past 8 p.m., there will not be a 4<sup>th</sup> meal program for at least three years, said Hank Strashnick, general manager of the Green Mountain Dining Room.

"I don't know how the message got out, but a lot of students expected (a 4<sup>th</sup> meal) to happen. It was never, ever discussed that anything would be done this school year," he said.

The idea of a fourth meal program was mentioned last spring, after the Student Association elections, Strashnick said. The newly elected S.A. officials approached Strashnick about a fourth meal program. However, the budget for the current school year was already set, he said.

As the budget for the next financial year was prepared, a fourth meal program was looked at, but was passed over in favor of hiring new professors and keeping tuition increases to a minimum, said Nancy Brock, vice president of finance.

"It's important to step back from the fourth meal concept and look at the bigger picture," she said.

The big picture, including the economy, logistics and student demand, was examined, and a fourth meal did not fit, Strashnick said.

The plan to implement a fourth meal program began with talks of a possible week long pilot program during the current school year, said Gary Levante, S.A. secretary of student life.

A fourth meal would have probably included grill options, cereal, pastries, desserts and beverages, Strashnick said.

While there is student demand for late-night food in Alliot, adding a fourth meal program would cost about \$300-\$400 per student, he said.

Aside from a fourth meal program, another popular trend on college campuses is going trayless to save water, Strashnick said. Since going trayless last semester, Alliot has been saving about 300 gallons of water a day, which saves a penny per gallon, Strashnick said.

Trays were put back in the dining hall after winter break, but many students continue to go trayless.

"Over 90 percent of students don't use trays now," Levante said. "Even when we put the trays back in Alliot, (the staff) is still not cleaning as many as before."

The fact that water is being saved is a bigger success than saving money for a fourth meal,

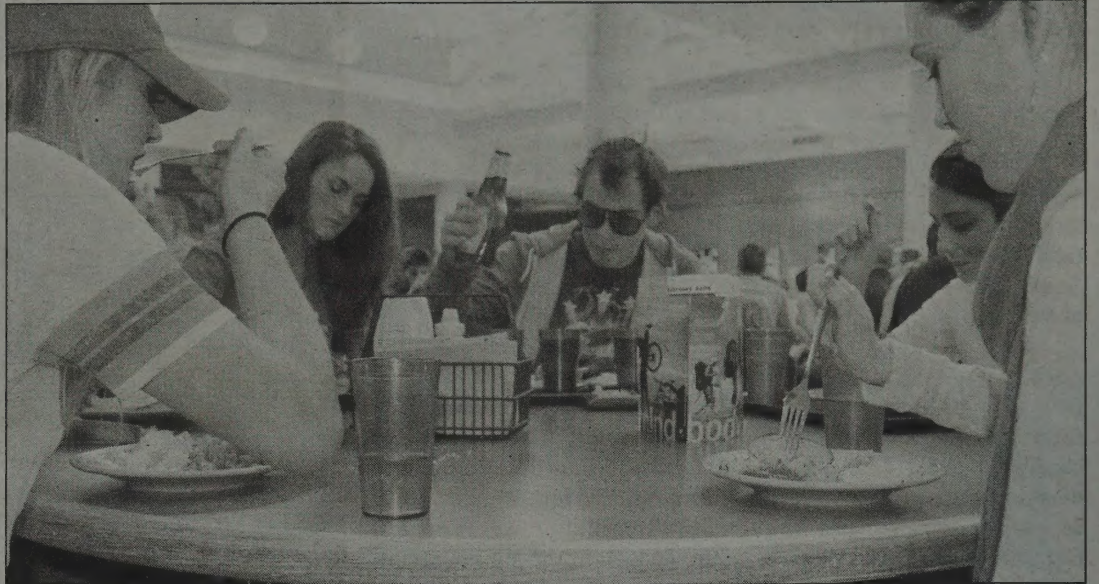


Photo by Lucia Suarez

Juniors Melissa Kaylor, Lauren Dunn, Zach Jandl, Erika Johnson and Amie Lank often opt to go trayless.

sophomore Josh Hoxie said.

"You don't really need a tray, so there's no sense in wasting all the stuff to clean them," Hoxie said. "The biggest success out of the trayless campaign is that they brought trays back and kids still aren't using them, which shows that they're considering the implications of their actions."

A drawback to the trayless program is that the staff has had to work longer to clean messes on the tables, Strashnick said. This presents an obstacle in implementing a fourth meal because staff members need to be paid more for extra cleaning work. New staff would also be needed

to execute a 4<sup>th</sup> meal program, he said.

Even though a fourth meal isn't feasible for several years, the dining hall will be getting a new dishwasher and conveyer belt. The dishwasher will be installed this summer, and the conveyer belt will be installed in about a year, Strashnick said.

The new dishwasher will ultimately save about \$25,000 to \$30,000, but, like the trayless program, it will not be enough to finance a fourth meal, Strashnick said.

"The dish machine will reduce water consumption almost by 60 percent, versus the old

machine which is, in a day, five times what going trayless will do," he said. "Is there money to put (toward a fourth meal)? Yes, but it's a very small amount."

The financial office also continues to emphasize academics and is committed to keeping tuition down, Brock said.

As for students, most see keeping their tuition costs as low as possible as a positive, even if it means no fourth meal program, Hoxie said. Hoxie did not expect a fourth meal this semester, nor is he upset about the lack of it, he said.

## Sustainable classrooms at St. Michael's

By Miranda Jonswold  
Staff Writer

St. Michael's environmental club, Green Up, has created a policy known as the "Sustainable Classroom Contract," a way for people to be environmentally aware and active.

This contract has been a vision since last semester for Green Up and the Environmental Council, a group of students, faculty and staff working to tackle the environmental issues of today. The contract contains a list of suggestions for living a lifestyle that would better the environment.

The list contains six primary initiatives and six secondary initiatives. The primary initiatives are designed to be easily adaptable for the individual, such as turning off the lights and recycling.

Senior Dan Hock, a member of Green Up who helped create the contract, said it was based largely on levels of commitment.

Josh Wronski, a sophomore and Green Up member, drafted the contract in December. Members of Green Up and the Environmental Council edited and perfected it. Hock and fellow Green Up members Dan Sandberg and Derek Souza revised it once more before the final draft went out to the St. Michael's community.

"I think a lot of people on this campus would say global warming is real and that it is human caused," Hock said "but we

see a disconnect between that and how our personal decisions cause that global warming."

"Our goal with this is to kind of spur people's interest in how they can make personal changes and decisions that will affect that," he added.

The contract's creation was also the work of anthropology and gender studies professor Patricia Delaney's Sustainable Development class from last spring, Sandberg said.

The contract has not only caught the eyes of a few professors on campus, it has made its way into their teaching. Economics professor Reza Ramazani decided to link it to his class, Environmental Issues.

"We're using economic models in order to measure both cause and the benefit of some of the environmental issues," Ramazani said.

Printing out fewer papers has a health benefit for students who don't need to carry the extra weight in their backpacks, political science professor Michael Bosia said.

Bosia also implemented the contract in his classrooms.

The contract does not call for professors to force all the rules on their students. They can choose. Bosia emphasizes printing double-sided, shortening margins and using reusable mugs. He said his classrooms run on "natural light."

Ramazani has those rules too, and takes it a step further by giving his students an academic incentive by adding a few points on final exams of students who demonstrate consistent sustainability practices.

The only criticism brought to the attention of Green Up and the Environmental Council was the mention of turning off the computers. Members of the Information Technology department said that turning off computers before each class would slow down the process for the next class and use more energy than necessary.

IT is probably going to set up double-sided printing and greener technology, Souza said.

"They're going to set up some infrastructure where they can turn off all the comps at night from one hub," he said.

In the meantime, Green Up, the Environmental Council, professors and students said they hope the contract will continue to spread across the St. Michael's community.

"You don't have to be an environmentalist to follow these rules," Sandberg said.

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UNIVERSITY

## NEWS

# Alumna returns as assistant director of M.O.V.E.

By Sue Bourque  
Staff Writer

Edmundite Campus Ministry has hired St. Michael's College alumna Erin Collins as assistant director of Mobilization of Volunteer Efforts (M.O.V.E.). Jason Moore was reassigned to assistant director of Campus Ministry. Both began their new positions Jan. 2.

Collins was an active member of M.O.V.E. her first year at St. Michael's. She was involved in a mentoring program for people living in Winooski, while independently volunteering at the hospital every Saturday, she said.

After working locally, Collins was able to expand her horizons internationally. Her sophomore year she was selected to go to India on one of the first M.O.V.E. international service trips. For three weeks Collins worked with the impoverished in Calcutta, India in what she described as an intense experience.

"I really believe that if there's one person suffering in the world, then we're all suffering," Collins said.

Collins went back to do service in India the summer before her senior year. Upon her return, she was inspired to be a student leader for the M.O.V.E. service trip.

"If there's a need right in front of you, whether you hear about it and travel half way across the world, or whether you go out in your backyard and do it, it's the same thing," Collins said.

Since leaving St. Michael's, Collins has worked at Maitri Healthcare for Women focusing on her interest in compassionate health care. She also participated in a volunteer program for promoting a sustainable lifestyle called Willing Workers on Organic Farms in southern New Zealand for six months.

Collins heard about the M.O.V.E. assistant director position through an e-mail from the college. She called her return serendipitous.

"At the same time that this job was opening, I was really searching for meaningful work, work in service and giving back," Collins said.

As assistant director of M.O.V.E., Collins is in charge of planning the extended service trips as well as managing the budget. Though learning a new job can be hard at



Photo by Lucia Suarez

Erin Collins returned to St. Michael's as the assistant director of M.O.V.E.

times, assistant director of Campus Ministry, Jason Moore, and M.O.V.E. Director, Heidi St. Peter have been very helpful and supportive, Collins said.

Former campus minister Joanne Nelson's departure and the Rev. Marcel Rainville's reassignment in ministry opened up two spots on the Campus Ministry staff.

Moore's position combined the responsibilities of both Nelson's and Rainville's former positions, he said.

"My role for this semester is to be a help in whatever way I can to the Campus Ministry staff," Moore said. "I'm trying to be a resource and an aid to everyone in Campus

Ministry because we're all juggling at this point."

In addition to his new responsibilities, Moore will be the staff leader for the M.O.V.E. service trip to the Dominican Republic during spring break, he said.

Since M.O.V.E. is a branch of Campus Ministry, Moore is still involved. He has not gone far from the office, as his new location is a few short steps outside the M.O.V.E. office.

With sufficient help from others, Moore sifted through more than 50 applications for the position of assistant director of M.O.V.E., St. Peter said.

The Campus Ministry staff carefully considered each applicant using specific criteria. The right person for the job would have a passion for service, an understanding and respect for the Catholic faith, experience with college students and a mature perspective on service and fun, she said.

"It's a small office. It's a busy office. It requires someone who can handle chaos pleasantly and somewhat enjoy it," St. Peter said.

After reviewing resumes and meeting with applicants, Campus Ministry found Collins to be the best candidate for the job.

"She's incredibly intelligent, very thoughtful," Moore said. "She is a person who really practices what she preaches."

At this point, midyear, most of the programming for M.O.V.E. is relatively set. Collins is becoming acquainted with her role as a staff member and meeting students and developing relationships, she said.

"It's adding to the goodness we already have to be able to keep Jay and the good stuff he's able to bring, and then to bring in someone like Erin is just going to benefit how the whole staff functions together," St. Peter said.

The summer is a good time to plan potential changes to the M.O.V.E. office, Collins said.

She plans to bring her previous experiences with service to the table, while also assessing what students care about and the initiatives they want to pursue, she said.

"I want to come into this with humility and learn a lot and see what's going on this semester," she said. "I really want to be open and learn as much as I can from the students."

## Senior Hall to be closed next year

By Jackie Cain  
Staff Writer

"I came here expecting to live on campus for four years," junior Jeremy Devine said.

Devine's expectation is shared by most St. Michael's College students. According to a mandate outlined in the student handbook, four years on-campus residency is a requirement. The Class of 2009, the largest in the college's history with 464 students, had the option of off-campus housing.

During the 2009-10 school year, the policy of on-campus housing will once again take effect. Additionally, Residence Life aims to close Senior Hall, the residence building located across Vermont 15.

Students who are living off campus this year were an exception, said Sheryl Fleury, housing coordinator. When the suites were built, the college trustees mandated that all students were required to live on campus for all four years as space allowed. Michael Samara, vice president of student affairs and dean of students, requested a one-year appeal to allow off-campus housing, due to the huge class sizes of 2009 and 2010, she said.

Because the college makes its budget based on enrollment, if there are beds on

campus not occupied and paid for, tuition would increase every year, Fleury said.

Even though the Class of 2010 is the second-largest class in the college's history, at 449 students, off-campus housing won't be allowed during the 2009-10 school year because the upcoming classes aren't as big. There will be enough beds to house the senior class, Fleury said, but she is not positive all seniors will get a spot in an on-campus apartment or townhouse.

Fleury predicts that the class of 2010 will overflow from the townhouses because students may prefer to live elsewhere on campus.

"Some students would rather live in the suites, or would rather get a single room in Founders," she said. "(The class of 2010) is going to drive what space is available in the townhouses."

Cashman, Pontigny and Canterbury Halls were built to end the need for the buildings across Vermont 15, Fleury said. The suites hold 380 students total, or as many as Alumni and half of Ryan Hall hold, she said.

"Even though they're huge, the suites really don't help our housing crunch," Fleury said.

With the current numbers, Senior Hall is not going to be available during the hous-

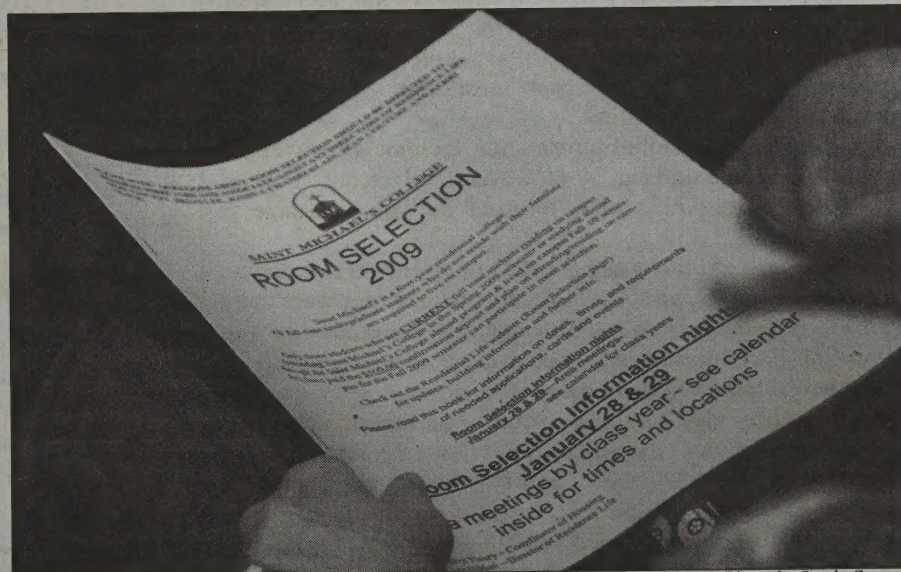


Photo by Lucia Suarez

The housing selection process is currently taking place for all residential students.

ing lottery as part of the Residence Life Office's initiative to get all students on the same side of the road, Samara said.

Fleury and Samara said Vermont 15 is especially dangerous at the corner where Senior Hall is located.

Devine is the resident assistant in Senior Hall, which holds 18 sophomore, junior and senior men. He chose Senior Hall because he wanted to be an R.A. for upperclassmen, but also have a single room on Main Campus, he said.

If there is a long housing waitlist after the lottery is over, there might be a need to open Senior for the 2009-10 year, Fleury said.

"We deal with variables every year," said Jerry Flanagan, vice president of Admission. "Add in the economic climate this

year and how can anyone predict? We can't read the minds of families and students, so we try to be realistic with our estimates," he said.

The final numbers won't be ready until summer, so the future of Senior Hall is uncertain, he said.

The case is similar for off-campus housing, Samara said.

"If or when we get evidence (late summer) ... that we can't house everyone that we need to house, then I would go to the president. But right now, early calculations and the uncertainty of the economic times indicate that we're going to play it by the residential policy (of four years living on campus)."

## OPINION

## Editorial

## A 'FERPA boo-boo'

Several weeks ago, the Office of Admission inadvertently posted confidential and personal academic information for every high school senior who applied. SAT scores, high school rank and GPA were included in a detailed Excel spreadsheet posted in the admissions public folder, which is open to everyone with a MIKENET account.

Posting the document violates a federal law that protects student privacy. The Family Educational Rights and Privacy Act, otherwise known as FERPA, protects academic records of U.S. students.

The Department of Education enforces the law for all schools that receive federal funding. Schools violating the law could lose federal funding. More important, such a violation damages the trust students place in their college.

The Admission Office's reaction was not what we expected.

"It wasn't Social Security numbers," Jacqueline Murphy, director of admission told a Defender reporter. "It was academic information."

This episode calls into question how information is secured on our network. We believe sensitive academic information should not be on a Web mail server to begin with.

St. Michael's is like other schools that have had data breaches. More than 100,000 alumni records were compromised at Boston College in 2005. The college notified all alumni whose records were on the server, unless forensics could prove that not all the information was accessed.

In a 2007 article by Network World.com, David Escalante, the BC director of computer policy and security, explained how a Catholic institution regained the trust of its community.

"Boston College was founded by the Jesuits, and the president of the university is a priest," Escalante said. "That leads to a highly ethical culture, and it made processing a lot easier. We confessed to our guilt and asked people's (forgiveness)."

However, St. Michael's employees seem to be downplaying the this serious data breach by simply saying it was academic records.

"When the files were here we could close and lock the doors and drawers," said Jerry Flanagan, vice president of admission. "That's always my biggest fear, that people are sharp enough to hack into whatever system."

Yet, no one had to hack into anything. All the information was there for anyone to see.

Technology is supposed to make our lives easier and streamline our work. Yet the more accessible information is, the easier it is to compromise.

Billie Mills, director of Information Technology told us the folder was created on Dec. 31. However, the Defender-Echo is certain the folder with student information was accessible as early as midfall.

We understand this was not intentional. However, imagine knowing that your high school GPA and SAT scores were there for all of St. Michael's to see. (Incidentally, the employee who posted the Excel spreadsheet posted the St. Michael's FERPA policy in a similar public folder.)

We have no idea how many people saw this private information, but that's not the point. This lapse calls into question the way administrators handle our private information and their response to a security breach.

Boston College responded promptly and ethically. In our view, St. Michael's is attempting to sugarcoat its mistake. Owning up to an error can ultimately build trust after all.

— Matt Tomkewicz  
executive editor

## Letters to the editor

What's your view? Send a letter of 250 words or less to the editor on any subject related to St. Michael's College by e-mail at [defender@smcvt.edu](mailto:defender@smcvt.edu). Hope to hear from you soon.

## PHOTO OF THE WEEK | 99th Point



Photo by Lucia Suarez

Senior Ryan Mero scores his 99th point of his career that would soon be followed by his 100th point against Southern New Hampshire on Feb. 3.

## Trays: here to stay

The Student Association recently announced that the Green Mountain Dining Room in Alliot would bringing back the plastic trays that caused to much controversy last semester.

The trayless phase began with announcements through numerous campus wide e-mails in late October, in which Green-Up and the S.A. laid out 10 benefits of going tray-less. One of the most compelling was the possibility of using the money saved on water and detergent to finance a "Fourth meal" program that would open the dining hall to students until 9 p.m. on weeknights.

Now, as the spring semester begins, Hank Strashnick, general manager of St. Michael's dining services, laughs out loud at the mention of the fourth meal program. The amount saved from cutting back on the trays totals a tiny fraction of what it would take to finance the later dining hours, and students would ultimately have to pay the tab, he says.

Nonetheless, the argument for the tray-less program was swift and widespread. Gary Levante, S.A. secretary of student policy, created a compelling PowerPoint presentation that also aired in constant circulation on Channel 4. Both campus publications, The Defender and the Echo, praised the program.

Yet, as far back as the Nov. 5 edition of the Echo, Strashnick was acknowledging that eliminating trays would cover a maximum of 10 percent of the cost of implementing the fourth meal.

No wonder the trays are back to stay.

The question is why was everyone so convinced the trays would make such a big difference?

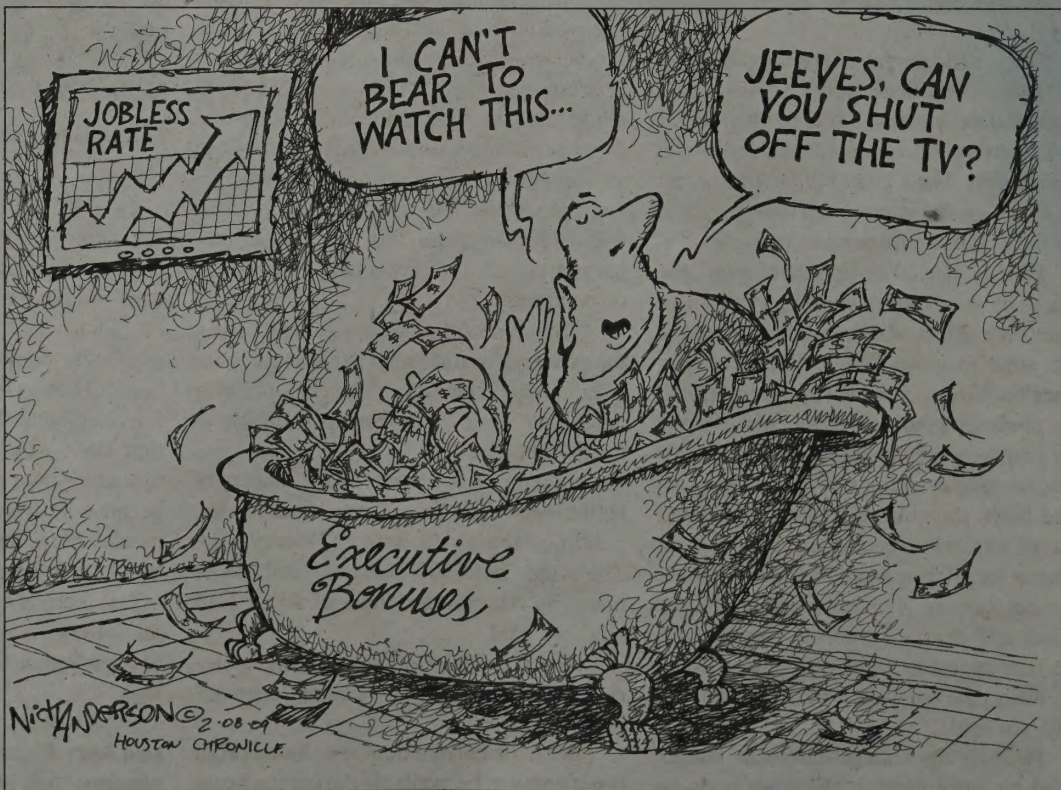
The S.A. also blamed students' apparent laziness as a reason for giving up tray-less. Students weren't getting less food, as it was believed a lack of trays would encourage. Instead, they were leaving excess plates on the table when they left.

Was this just an act of defiance from several sloppy activists? Either way, it's pathetic for Alliot workers (who already wash the dishes and prepare the food) to clean up after students.

St. Michael's is so desperate to feel green and yet its students overlook the simple measures we can all take, like making sure all of the cans from a weekend get-together, as well as the interrelated Domino's pizza boxes, get recycled. Frequently, rogue bottles and cans are left sticking out of snowbanks across the campus, only to be discovered with the spring thaw.

If you are one of the many students who have transitioned well into cutting out trays, please resume your efforts. However, if you're one of the few who aren't mature enough to clean up after yourself, for all of our sakes, grab a tray.

— John O'Brien  
managing editor



## FEATURES

# Campus SPEAKS

*What is your perfect  
Valentine's Day date?*



"Anything that includes steak."

Jamie Gorton, '10



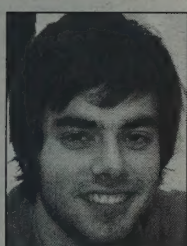
"I don't like Valentine's Day, it crushes single peoples' hearts."

Alli Roberts, '12



"Nice, romantic stroll around Central Park and dinner at a fancy restaurant."

Eddy Santana, '10



"A cheap one."

Ben Driscoll, '11

"I'm not a fan of the holiday. If you want to do something special for someone, do it throughout the year."

Jess Woodworth, '12

"Something sentimental, like a classy dance, but in a non-sissy way."

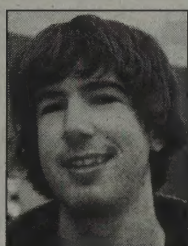
Gerhard Meyer, '11

"Sending chocolates from Japan."

Tadashi Koshida, '09

"Cooking her favorite home-cooked meal. It has to be all about her."

Shaun Baker, chef's corner



"Family was the most important thing, and after that it was working here at St. Mike's."

Rachel Saulmon,  
sister

## REMEMBERING LORRAINE

*Veteran Sodexo employee passes away*

By Kelly Brooks  
Features Editor

Lorraine Goyet, the second-oldest of eleven siblings, grew up poor in northeastern Vermont, but worked to guarantee that her brothers and sisters always had a present under the Christmas tree.

"We would watch 'Sister' come off the bus with bags of presents and would be so happy because we knew we wouldn't be going without," said Rachel Saulmon, Goyet's younger sister. "She was a worker, all she would do."

### The quiet sister

Goyet, 74, a Sodexo employee, died Jan. 15 due to complications of pneumonia. She worked in the Green Mountain Dining Hall for 22 years. Her memorial was on Tuesday, Feb. 3 in the Chapel of St. Michael the Archangel, where around a hundred of her family members, co-workers and friends came to pay their respects.

"Lorraine was a quiet person, and quiet persons are of deep faith," said the Rev. Jay Haskin at the memorial.

Madeline Krohn, one of Goyet's four sisters, said she was often referred to as "Sister" by her family and friends because, growing up, her siblings could not pronounce Lorraine.

"My kids asked me if she was a nun because we called her 'Sister,'" Saulmon said. "She may as well have been."

Her first great-grandson was born about one week after she died. Although Goyet never had the chance to meet him, Krohn believes that "babies are born to replace past loved ones."

Goyet's family members and friends described her as quiet, but caring and trustworthy.

"She never said a bad thing about anyone," Saulmon said. "You could always tell her something and she would never repeat it."

### Two families

Saulmon remembers recently teaching Goyet the card game SKIP-BO and playing until 2 a.m. Goyet also recently began attending bingo games, she said.



Courtesy photo

Lorraine Goyet enjoys a day outside.

"She didn't like to drive, but wanted to go places," Saulmon said, laughing. "She loved to go shopping with me, but always said I had to drive, and then we would stop and get gas and she wanted me to pump."

Saulmon and Krohn agree that Goyet's family was the most significant part of her life, especially her sons and four grandchildren.

"Family was the most important thing, and after that it was working here at St. Mike's," Saulmon said. "She loved the girls she worked with."

Rose Stone, a Sodexo employee since 1991, described Goyet as pleasant and enjoyable to work with.

"She never complained about anything," Stone said. "She was so quiet, but we will miss her,"

### Closer to heaven

Stephen Baietti worked alongside Goyet for 18 years and admired how she was always

willing to take a co-worker's shift.

"She would fill in when there was a need, even on a holiday," Baietti said.

Goyet worked her entire life, through this past Christmas break, when she became ill and was hospitalized for about three weeks before she died, Baietti said.

"If you were to interview Lorraine about herself she would not say a lot, but she would smile and make sure you felt comfortable," Baietti said.

St. Michael's junior Ross Marcotte said Goyet was quiet but kind to students, and he will miss not being able to see her when entering Alliot every day.

"She never would quit her job because working kept her going," Saulmon said. "I would always tell 'Sister' she would be closer to heaven because she'd always be working in the summer and feeding the priests."

## FEATURES

## HOROSCOPES

By Maura Bannon  
Multimedia Editor

**LIBRA:** (Sept. 23-Oct. 22)

Remember that time you peed your pants near the tennis courts because you couldn't make it to your dorm room? Don't tell people that story. Save yourself the embarrassment.

**SCORPIO:** (Oct. 23-Nov. 21)

You've been looking pretty good this week so you should definitely take some glamour shots of yourself and make a Facebook album titled "me."

**SAGITTARIUS:** (Nov. 22-Dec. 21)

Be careful with how you spend your money. Maybe you should pick up a side job giving out massages and charge 50 cents per minute.

**CAPRICORN:** (Dec. 22-Jan. 19)

Your Alliot crush knows that you are secretly stalking them. Maybe you should lay low for a while. They might file a restraining order against you.

**AQUARIUS:** (Jan. 20-Feb. 18)

We all know you've been cutting the cheese in the library and blaming it on the person sitting next to you. I can smell you from here!

**PISCES:** (Feb. 19-March 20)

You should stop wolfing down on Domino's pizza late night on the weekends. Your butt is starting to look huge.

**ARIES:** (March 21-April 19)

You know it's time to do laundry when you've been going comando for the past week. And while you're at it, take a shower too.

**TAURUS:** (April 20-May 20)

Beware. Your fly is going to be unzipped in front of a very good looking person this week.

**GEMINI:** (May 21-June 20)

Don't pick up the \$20 you find in Ryan parking lot. It's going to be filled with dog crap. You've been warned.

**CANCER:** (June 21-July 22)

You're going to be single for the rest of your life. You should buy your first cat sometime very soon.

**LEO:** (July 23-Aug. 22)

Leos are the coolest people at St. Michael's College. And the hottest too.

**VIRGO:** (Aug. 23-Sept. 22)

You know how you always say you don't care? This week you actually should.



Photo by Kayla Sibilia

Erin Collins, Ashley George, and Laurie Gagne gather for a Vermont Global Health Coalition meeting.

## St. Michael's grad goes beyond the classroom

By Lauren Menno  
Staff Writer

Siham Elhamoumi, a graduate from St. Michael's College, has turned her courageous and active personality into the Vermont Global Health Coalition (VGHC).

**Making a change**

As a senior at St. Michael's College, Elhamoumi was extremely involved with many groups on campus. Elhamoumi wanted to combine some of her efforts into one organization, she said. A majority of the current VGHC members were active, concerned students with global health and peace and justice initiatives within the campus and the community, she said. The VGHC is a volunteer based organization and is involved with aiding and putting on many events in the community.

"We recognized that there was a need to try and consolidate efforts between people that work at St. Michael's and the greater community," Elhamoumi said. "We wanted to collaborate with some potential campaigns and projects and that's where the idea was to start the Vermont Global Health Coalition."

Professor and Director of the Edmundite Center for Peace and Justice, Laurie Gagne coordinated a Global Health Conference her first year as director. The idea for Elhamoumi to start a local global health coalition was triggered by attending, Gagne said.

"We wanted to continue this," Gagne said. "We wanted to form an action group based on some of the principles and values of this conference. So we started meeting over the summer and we've been meeting ever since. Siham was one of the founding members but is presently a leader."

Last year on Mar. 20, Elhamoumi helped organize the events that commemorated the war.

"I've always wanted to do something to commemorate the war as a college community and I talked to a few people, a few students and a few faculty and we set up a committee," Elhamoumi said. "It was very well received we had great press, we had a great turnout on campus and from the community. It was a very successful event."

There were events throughout the day involving teach-ins and discussions regarding the collateral damage of the war at home, the cost, and the suffering of the people involved, she said. The event to commemorate the war is of the things Elhamoumi is most proud of in her life, she said.

**From Morocco to St. Michael's**

Elhamoumi is a Moroccan native and chose to join the St. Michael's community by chance in 2003.

"I came to visit and all the people were very friendly so I wanted to try it out and absolutely fell in love with the school, the people and the area and decided to stay," Elhamoumi said. "Now I can't get enough."

While studying, Elhamoumi became prepared for life after college not just by taking classes, but by being involved right away with groups. She was mainly involved with the Student Global AIDS Campaign (SGAC), she said. She also flourished from faculty especially in the economics and politi-

cal science departments, she said.

Gagne, who had Elhamoumi as a student in her first-year seminar instantly knew that Elhamoumi was someone to be aware of.

"She just immediately stood out as someone who was willing to speak her mind," Gagne said. "She is confrontational but always in a charming way."

Elhamoumi, Gagne and Erin Collins, the assistant director of M.O.V.E., are all part of the VGHC. They are working on planning events for Women's History Month on Mar. 10 for a discussion titled, "Rethinking Afghanistan," Gagne said. George Lopez, a founding faculty of the Joan B. Kroc Institute for International Peace Studies at the University of Notre Dame will speak regarding the matter, she said.

"VGHC is kind of taking the lead in partnership with a number of groups on campus, the Women's Center, the Multicultural Students Affairs and SGAC and we wanted to look at the situation in Afghanistan and see where we stand," Elhamoumi said.

There will also be many other events regarding women, such as a panel of violence against women, weapons of war and the issues in the Congo, she said.

**Beyond the classroom**

Collins, a graduate of St. Michael's in 2006, became good friends with Elhamoumi on a service trip to India, she said. Her reasons for involvement were similar to Elhamoumi's in that she was already very proactive in both her campus and local community, she said.

"I had a specific interest in trying to create an outreach to the local people who had been displaced, refugees and such, so that was kind of on a part of the Vermont Global Health Coalition that Siham was hoping to really start as well," Collins said. "It's really a lot of St. Mike's faculty and alum that are all passionate and we found a way that we can work together to try to create social justice especially in health care."

Collins spoke very highly of Elhamoumi and her efforts with the VGHC, she said. Working together has definitely brought a great change to both the campus and surrounding community.

"She's just incredible," Collins said. "She just has this passion and I think she has this innate desire in her to just give voice to people that don't have that chance to do it. Social justice is just oozing out of her and I think if there is something going on I feel like she wouldn't be able to stop herself from trying to make it right."

Within Elhamoumi's efforts she strongly encourages interested and active students to get involved beyond the classroom, she said.

"The knowledge that we give in the classroom is very valuable but it can only be useful to the world if you put it to practice and I think there is a great personal fulfillment in doing that as well," Elhamoumi said.

The Vermont Global Health Coalition meets every Thursday at 7:30 a.m. downtown at Penny Cluse Café. If there are interested students they should contact Erin Collins, Laurie Gagne, or Siham Elhamoumi.

## FEATURES

## Peace and Justice Center celebrates anniversary

By Catie Watt  
Staff Writer

Thirty cakes for 30 years of trying to create a peaceful and just world. This is what the Peace and Justice Center, a nonprofit membership organization in downtown Burlington, did Friday to celebrate its 30th anniversary. As the celebration continues, the center knows that it needs to keep working hard for the next 30 years to make a difference.

### Birthday Party

Friday, Jan. 30, the Peace and Justice Center held a cake walk on Church Street, parading 30 cakes of various flavors, topped with decorations like peace signs and images of President Barack Obama.

Mayor Bob Kiss acknowledged the center's hard work by proclaiming Jan. 30 as Peace and Justice Center Day in Burlington.

The party continued in City Hall with a performance from the band Starline Rhythm Boys and a 30-year human timeline of the center's work.

Wendy Coe, news director at the center, who has worked there for the past 30 years, was acknowledged for her hard work.

One keynote speaker, Colin Robinson, the youngest staff member at the Peace and Justice Center, encouraged the audience to continue helping make this world a just society. He acknowledged the upcoming projects of the center and that much work remains.

"It's because of you that we have helped to blaze the path, that we have led the fight and pushed for change in our society when the forces to create an unjust society are so strong," Robinson said.

One attendee, Ashley Connolly of Johnson, said she had heard about the party through a friend and didn't know much about the Peace and Justice Center before to this event.

"I think that this has been really powerful I am really interested in starting to volunteer in the future," Connolly said.

The crowd was then invited to eat cake, but many questioned the point of cake.

"When you think of a birthday, you think of a cake!" Coe said. "We can't just be all doom and gloom about war and poverty all the time; we have to have hope also."

### 30 years of hard work

The Peace and Justice Center, was named the Burlington Peace Coalition when it opened in 1979. It had a primary emphasis on opposing nuclear power and nuclear arms proliferation, Coe said.

Coe said that the center stands by the phrase, "If you want people, you work for justice." The center is currently working on convincing the government to make Vermont employers obligated to grant their workers five paid

sick days, she said. This would allow for a healthier work environment because people would not feel obligated to show up to work when they are sick, she said.

Coe said the reason she stayed involved this long is because she enjoys working at the center and believes there is reason for peace and justice.

Jen Berger, a peace and human rights organizer, has worked for the center for more than two years and published the "Alternatives Book." The book targets high school students who are deciding their next steps in life and offers them alternatives to joining the military, Berger said.

### Hopes for the future

Berger has many hopes for the future of the Peace and Justice Center, she said. They began working on the campaign called the Vermont Peace Economy Coalition Work, which looks at how money in Vermont is spent and

how the money and tax breaks are allocated to big corporations, she said.

Berger said she hopes this will allow taxes and finances to go to people who need health care, education and child care. The primary goal will allow the money to not go toward big corporations, she said.

Students and community members can help out by conducting educational work, research, and Web work, Berger said.

Robinson said there are also upcoming events in the next month, such as meetings about the economy, major legislation, and peace vigils.

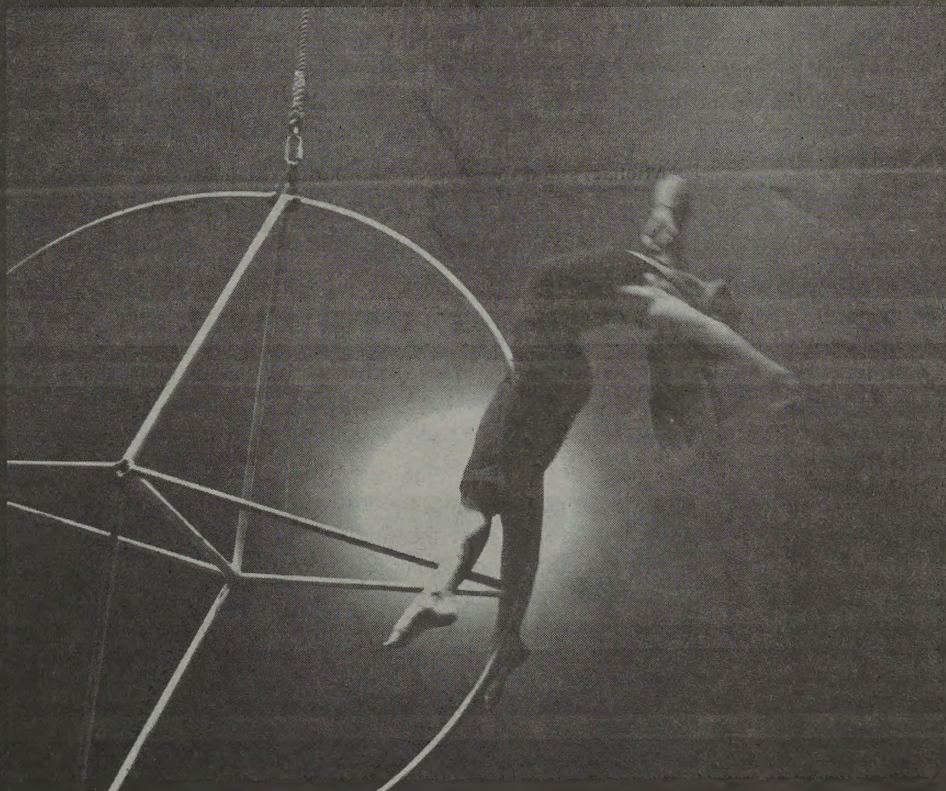
"For some, 30 years may seem like it has gone by really quickly, but despite all of that hard work, we still have a lot to do, and still have a lot of work to make sure the change is possible," Robinson said.



Photo by Kayla Sibilia

Peace and Justice members look back at 30 years of accomplishments.

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FEATURES

# Academic battle of the sexes

*College women are earning higher GPAs than men*

By Jade Csizmesia  
Fact Checker

A few years ago, at the St. Michael's commencement, 11 students graduated summa cum laude. They were all women.

During the past decade, a national trend has swept through colleges across the country, widening the academic achievement gap between men and women, where women are doing increasingly better than men.

Women on the rise

Each year in Vermont, the percentage of women attending college increases, while the percentage of men decreases, according to a study conducted by a sociology and anthropology professor Vince Bolduc.

Women receive more bachelor's, master's, doctorate and professional degrees than ever before. In 2007, for the first time in history, women received over 50 percent of these degrees, Bolduc said.

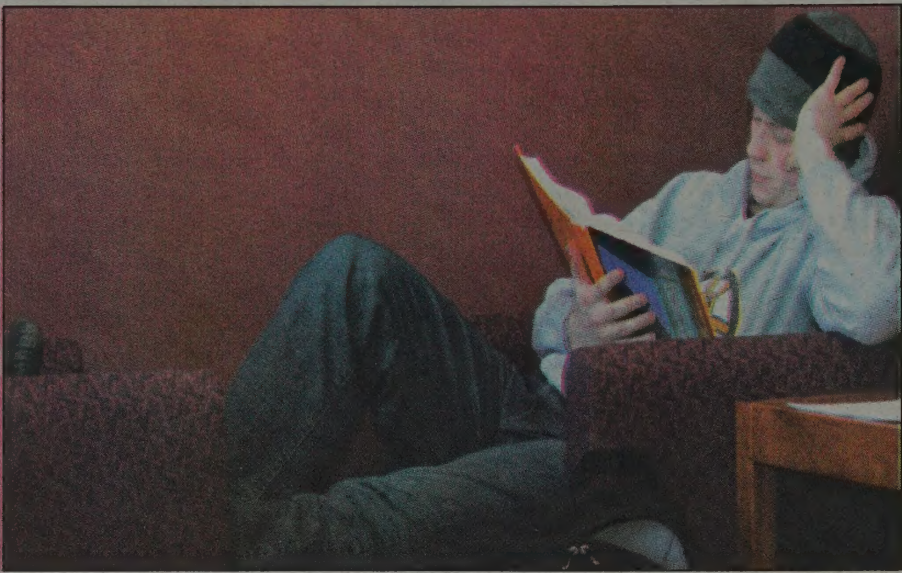
"It's worrisome that men have fallen so far behind," he said. "Not that women have gotten to 50 percent, but that men are now well under for the higher degrees."

The women's movement is one reason for this shift, said Dave Landers, visiting associate psychology professor.

"It was a backlash on the part of the women," Landers said. "They finally got angry enough from what they were seeing about the inequities."

In 2008, 60 percent of St. Michael's women graduated cum laude and above compared with 39 percent of men. Sixty-five percent of women graduated in the Honors Program, while 35 percent of men did. The majority of honor society members are women, too, with the exception of Omicron Delta Epsilon in economics.

Of the students involved in programs such as MOVE and LEAP, 70 percent are women participants, while eighty percent of the students on academic probation are



First-year education major Murphy Rainville studies in the library.

Photos by Kayla Sibilia

men.

Boys will be boys

When Landers presented his research on this topic, the fathers on campus approached him because they wanted to find a solution, he said.

"They were concerned what was going to happen to their sons, because if their sons are being left behind and accept this 'boys will be boys' mentality, then they're going to pay a price," Landers said.

Men have typically coasted along academically, but if this mentality doesn't change, a whole generation of men will be lost, Landers said.

"The thing I try to say to young men is that there's a really good chance you're going to have a woman boss and the CEO of your company is going to be a woman," Landers said. "The same old-guys network that has gotten your dad a job may not get you the job anymore, because guys got jobs because they went to the same college as the person hiring, but women are saying, 'What skills do you have?'"

Men have been damaged due to the misconception that they will make more money for equal work, Bolduc said.

"They don't think they have to work as hard to get as far," he said. "So, they don't work hard, and it encourages laziness."

Another possible reason for this shift comes from American culture, where men are playing socially constructed roles, Bolduc said. It's making men not as smart as they should be, which becomes a tolerated and encouraged cycle, he said.

"I think there is this culture of masculinity that encourages acting stupid," Bolduc said. "Look at contemporary ads and see how men and women are stereotyped. Men are buffoons, they're clowns, and they're only interested in sex, sports and beer. It's a terrible stereotype, but you see it all the time."

Was this trend inevitable?

The statistics associated with this trend have exceptions and variability, said John Kulhowick, director of institutional research.

"The thing I try to say to young men is that there's a really good chance you're going to have a woman boss and the CEO of your company is going to be a woman."

Dave Landers  
psychology professor

Kulhowick began studying this trend a few years ago when it became a national issue, he said. Every student has different strengths. St. Michael's is looking to give students the opportunity to fulfill their potential.

"I don't really see it as a problem with our gender equity," Kulhowick said. "I see it more as, we have a class and we're trying to move all those students to be as excellent as possible academically."

One of those exceptions is the top athletic-academic team on campus: the men's cross-country team.

Senior captain Paul Jarvis wasn't surprised by the team's standing, because they understand the importance of academics, he said.

"This year you had guys returning who had done well before and who really care," Jarvis said. "We had the incoming freshmen who are willing to put in that effort."

While this trend continues, it isn't inevitable, Bolduc said. The answer begins with an understanding and sensitivity of how men learn differently from women, he said.

"We have to understand that when a kid is acting out like that, we have to approach it differently and not just reward compliant behavior that we get so well from women," Bolduc said. "If my generation isn't reaching the boys of your generation, we have to change it. Not just for them, but for the nation, and when I find the answer to that the world will know."

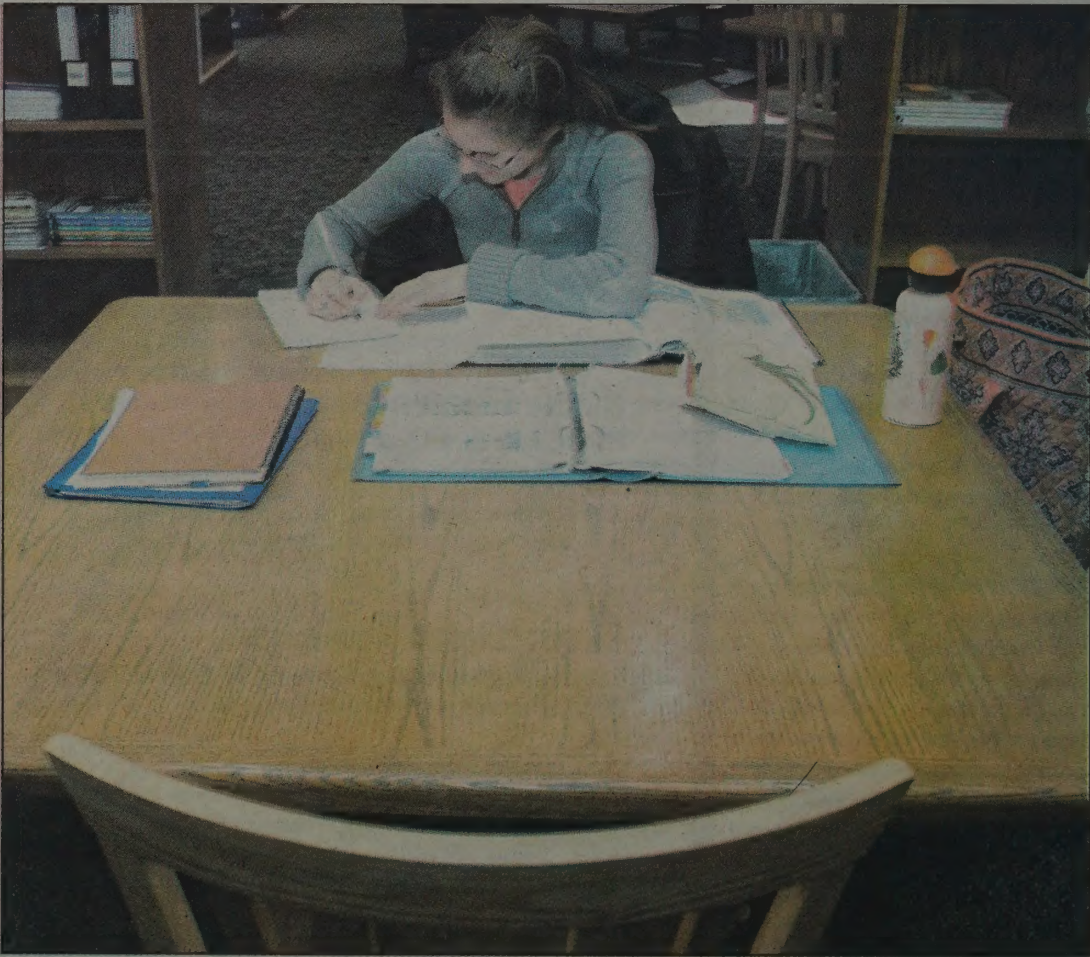
## Academic achievement statistics

Comparison of male and female student academic achievements at St. Michael's College in 2008.

| Fall 2008 Enrollment    | Male  | Female |
|-------------------------|-------|--------|
| Undergraduate           | 47%   | 53%    |
| Academic achievement    | Male  | Female |
| Average cumulative GPA  | 2.89  | 3.2    |
| Dean's List (fall 2008) | 33%   | 67%    |
| Academic probation      | 71%   | 29%    |
| Honors students         | 29%   | 71%    |
| Graduation awards       | Male  | Female |
| Cum laude & above       | 40%   | 60%    |
| Honors program          | 35%   | 65%    |
| Graduation rates        | Male  | Female |
| Cohort year 2000        | 74.3% | 80.6%  |
| Cohort year 2001        | 75.9% | 83.6%  |
| Cohort year 2002        | 82.3% | 80.7%  |

In 2007, women nationally earned 62 percent of associate's degrees, 57 percent of bachelor's degrees, 61 percent of master's degrees, and 50 percent of doctorate and professional degrees.

Information provided by John Kulhowick, director of institutional research.



First-year biology major Samantha Reak studies on the first floor of the library.

## FEATURES

# Tivnan is St. Michael's own Captain Planet

By Rachel Allen  
Staff Writer

Reduce, reuse, recycle is a phrase commonly associated with becoming environmentally friendly. In the past few years, going green has become the new trend. On St. Michael's College campus, this phrase has been put into action. Sustainability is no longer a term thrown around, but a tangible idea as students participate in an effort to become more eco-friendly.

As students continually add products to their dorms and fridges, trash begins to pile up, which then needs to be disposed of. In each dorm building, recycling and trash rooms are located on each floor. Students take the first step to carry their trash there but whether or not they know what happens to it is another question.

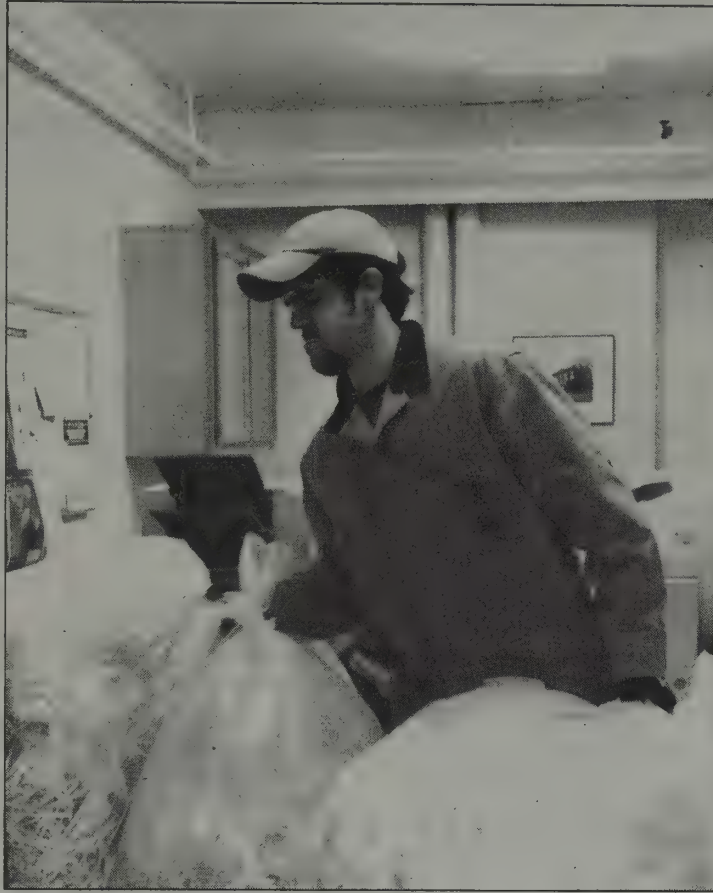
First-year student Matt Tivnan is behind the scenes taking care of what all the other students leave behind. Tivnan specifically deals with recycling, which is his work-study job on campus under Heather Ellis, sustainability coordinator at St. Michael's College, Tivnan said.

"It's great to get people more aware, to have them know recycling just doesn't stop once you put it in the bin," Ellis said.

Tivnan wanted a job where he would be able to work outside rather than at a desk, he said. There was an opening at facilities, so he contacted Ellis and became the sole caretaker of the blue recycling bins around campus, he said.

"It's not too bad, it's a job just like any other," Tivnan said. "There definitely could be worse ones; I'm sure the janitors have it a lot worse than I do."

Tivnan spends about one to two hours a week picking up the bottles, cans, cardboard boxes and other items. He finds that Mon-



Photos by Lucia Suarez  
First-year Matt Tivnan gathers recycling in Founders Hall.

days and Fridays are the busiest days for this job. Most of the work is done outside, Tivnan said.

"The only bad day is when it's really cold out," Tivnan said.

A typical work day for Tivnan begins with a trip to North Campus after his classes to pick up the truck at the recycling center. He drives to Main Campus to collect the recycling from each dorm building. He begins in Founders Hall, then moves on to Lyons, Joyce and Ryan. From there he goes to the Durick Library, followed by Ross and Tarrant Recreation Center. He then heads back to North Campus to the recycling center.

"If there are bags with a lot of recyclable cans, I sort it out

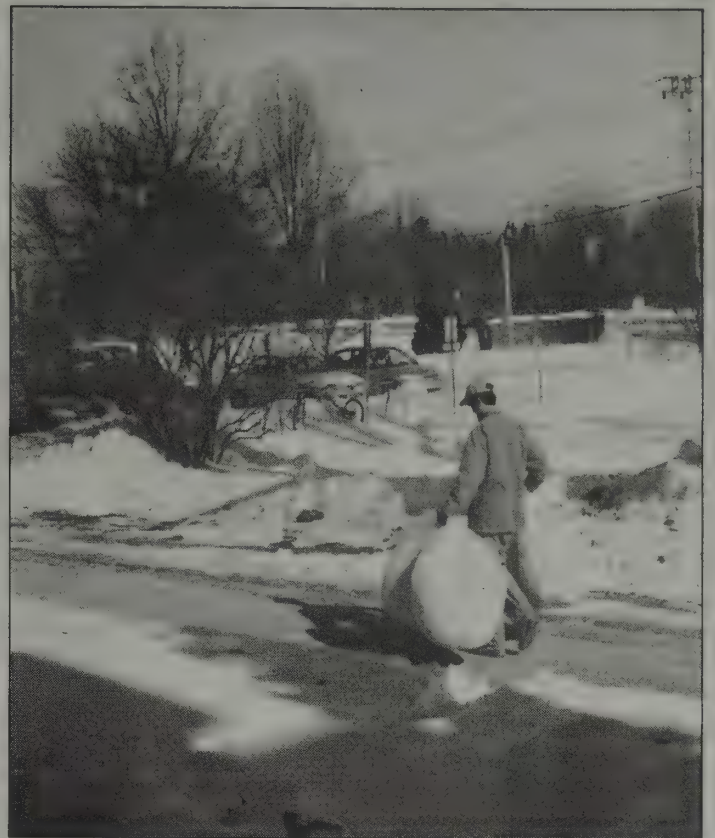
and bring the recyclables to the redemption center," Tivnan said. "The money goes toward the Green Up Club."

Green Up is a student-run environmental organization that started in the spring of 2005.

Before Tivnan became the go-to-guy for recycling, the workers at Physical Plant were the ones who cleaned up after students, Ellis said.

"Most kids have no clue what Physical Plant even does," Tivnan said. "I get to have the inside view and meet the guys. Everyone there is nice and down-to-earth."

However, Ellis finds that having Tivnan as the only work-study student at this job is sufficient, she said.



Matt Tivnan carries recycling from Founders Hall to a truck.

"I am very lucky and fortunate to have had him find me and want to work for me," Ellis said. "He is a good kid. Hardworking, 100 percent reliable and doesn't want to stand around for a minute."

Tivnan is very modest and humbles himself when it comes to the job that he performs around the campus, Dan Sandberg, intern with Ellis said.

"He's just going out and doing it and not expecting any credit for it," Sandberg said. "It's part of him; it's what he's about."

Students often throw away their trash unaware that much of it is recyclable and that placing garbage into the recycling bin actually works in Tivnan's favor, Tivnan said.

"People don't realize it, but a lot of trash can be recycled," Tivnan said.

However, students often throw away containers that are not empty, disregarding the fact that when it's placed in the recycling room, someone still has to clean it out, Sandberg said.

"I hope that if people can see that their actions directly affect him that some people will change the way they act," Sandberg said.

Ellis is overstated to have the first-year students for four years, considering that it will take about that long for the culture to change, she said.

"You can get a program in place, but it comes down to changing culture, changing habits, and it takes time," Ellis said.

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COLUMNS

# Clean up your own mess!

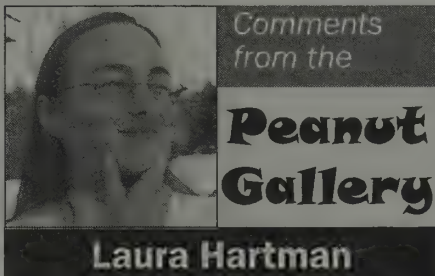
## Students' laziness is costing classmates money

I was walking to the train station on my way to class last semester when I turned the corner and nearly walked into a little Japanese girl dressed in a blue school uniform. I must have startled her because she looked terrified, clutching a white plastic bag in one hand and a trash pickup tool in the other. At first I thought it was some kind of community service day or something, but I ran into students twice a week doing the same thing picking up trash and litter around the school grounds during school hours.

High schools and grade schools in Japan don't have a janitorial staff. The last hour of the day is set aside for cleanup time. All the students, boys and girls of every grade, go out and about cleaning the school. Imagine cleaning desks and bookshelves, sweeping the floors in classrooms and hallways, washing dishes in the cafeteria or picking up trash around the schoolyard, instead of playing kickball during recess.

These are grade schools, of course. At St. Michael's, students (and faculty) don't have to worry about picking up after themselves. Our bathrooms and showers are cleaned every day, no matter what kind of state we leave them in after a drunken weekend. We don't have to worry about picking up our dishes in Alliot because even if we leave behind a pig sty, the tables are cleaned before our next meal. We don't even have to worry about taking out our own trash because we can just take it into the hallway and wait for it to disappear.

We all do these things without even thinking about them. It's an accepted fact



Comments from the  
**Peanut Gallery**

Laura Hartman

that college life is messy, but it has gotten to the point where people have stopped caring about the impact their actions have on others.

When I came back from studying abroad, the first floor meeting of my residence hall was about the damage to the hallways. Last semester a hole the size of a mini fridge appeared in the wall, along with several smaller holes scattered throughout the building. We were told if further damage was done to the building, whoever is responsible would have to cover the cost of repairs. If nobody takes responsibility for it, the cost will be divided among people living on that floor, whether they did the damage or not.

No students wants to pay for something they didn't do, but accidents do happen. If there is an accident where damage to the building is done, tell a resident assistant, and own up to it. Chances are the fine will be lessened or waived if someone takes responsibility for it. The people living on that floor will appreciate it and perhaps even return the favor.

Last semester, the trays were taken out of the dining hall in an effort to promote sustainability efforts. Now, that

strategy has been revoked in part because it was costing the school more money to have the staff stay late to pick up plates and food that students were leaving behind at their tables.

The idea that so many people are doing this that it is costing us money is just outrageous. Taking up your own dishes after you eat is not that difficult. Not only is it common courtesy, it takes little time and effort, and there is no excuse for leaving them behind. If you're eating with your friends, stack your dishes and take turns bringing them to the conveyor belt if that's what it takes. Remember that we are all eventually going to have to pay for these extra expenses in one form or another.

Japanese schools do not have janitors because they believe that having the students clean the school fosters a sense of responsibility for themselves and their classmates. They are less likely to make big messes if they know they have to clean it up later. Somewhere along the way we've become complacent and have taken for granted the services we enjoy. St. Michael's is lucky to have such a great group of people working to keep campus clean and looking good so that we don't have to.

Get to know the cleaning man or lady for your bathroom and hall. They work very hard without much complaint, and you may find them to be some of the nicest people on campus. Say good morning, strike up a conversation while you're brushing your teeth and they're restocking the toilet paper. Know that they're the ones who are cleaning up the puke from the bathroom floor and scrubbing that sketchy-looking

substance out of the shower drain.

Be more conscious of the effect your behavior has on the work they have to do. The janitorial staff and people in Facilities are there to keep our college in working order, not to clean up the aftermath of our partying. If we can work together and remind each other to pick up our own mess, even if it's just a little bit, we can make the already dirty jobs of the cleaning staff that much easier.

## Do you have an opinion?

The Defender and Echo want to hear it! Contact Tyler Machado (kmachado@smcvt.edu) of the Naked Opinion and Laura Hartman (lhartman@smcvt.edu) to share your thoughts with the St. Michael's College community.

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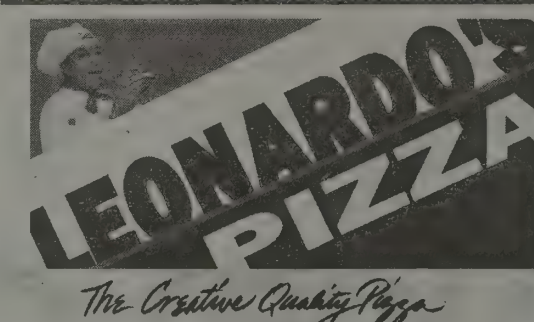
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- 3. Sausage Alfredo Supreme**  
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- 4. Classic Chicken Cordon Bleu**  
Fresh Garlic Sauce, Marinated Chicken Breast, New England Baked Ham, Fresh Green Spinach, Freshly Sliced Red Onions with Blended Cheeses
- 5. Marinated Chicken Parmesan**  
Marinated Chicken Breast, Freshly Cut Broccoli, Freshly Sliced Red Onions, Fresh Plum Tomatoes & Grated Parmesan Cheese
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|---------------------------|------------------------------|
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| Cob Smoked Bacon          | Roasted Red Peppers          |
| Marinated Chicken Breast  | Freshly Chopped Garlic       |
| New England Baked Ham     | California Black Olives      |
| Anchovy Fillets           | Sweet Hawaiian Pineapple     |
| Fresh Plum Tomatoes       | Marinated Artichoke Hearts   |
| Freshly Cut Broccoli      | Italian Gorgonzola Cheese    |
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# THE NAKED OPINION

## Dreamer in my dreams

*My attempts at dream analysis*

The earliest dream I remember was from when I was 3 or 4 years old. Robots had taken over the world and changed the world's food supply entirely to

macaroni. I was in a large room with a long table and fluorescent pink walls. Also in the room was a girl whom the robots had imprisoned, and I had a crush on her—as much of a crush as a preschooler

knows how to have, anyway. She and I were each given one piece of macaroni to eat. This was a recurring dream, as I remember having it a couple times. (And if this sounds familiar, it's because the plot to the PlayStation game "Pa Rappa the Rapper," with the rapping puppy, was startlingly similar to this.)

Other than that, I don't remember any dreams from my childhood. I wasn't the sort of person to pay attention to, or even remember, my dreams. I was an empirical kind of guy. I was never interested in superstition or astrology or fortune telling, and as far as I was concerned, dream analysis belonged among that group. Toward the end of high school, though, I met a girl who was really into dream analysis. As a means of convincing me that dreams were worth thinking about, she let me borrow a book all about dream analysis, complete with a glossary of common dream motifs and what they usually mean.

The cover of the book had a painting of a woman sleeping in clouds, with a dragon flying rings around her. A cover fit for the worst fantasy novel in history. This did not help my perception that dream analysis was for hippies and new-age weirdos.

Nonetheless, my interest was at least piqued, mostly because I found it fascinating how many dream motifs were common among different people. Flying dreams seemed obvious enough, and the old standby "in public wearing only underwear" even seemed like a logical fear for many to have. But upon learning that a situation as odd as teeth falling out occurred in so many people's dreams, I began to think

there was something more to this whole dream thing.

Turns out the common interpretation for the teeth-falling-out dream is that one is losing control of something in life. Flying usually means that the dreamer needs an escape. And the underwear dream signifies a fear of embarrassing situations. If these explanations sound dangerously like one-sentence horoscopes to the cynic...well, yeah. One of the first conclusions I arrived at as an amateur dream analyst was that any book, Web site or any other source that purports to tell you exactly what a certain motif in a dream means is probably not worth heeding. Dreams are products of your own mind, and

nothing else. Only you can figure out what something means in a dream. You know your own mind better than any book with a dragon on the cover.

I'm still pretty cynical when it comes to most supernatural subjects, but I am absolutely certain that dreams are important. They're the only product purely of your mind and nothing else, which is a really wild concept. I don't necessarily think that dreams predict the future or anything like that, but I do think they can serve as helpful reminders and pointers on things that we need to remember in the awake world. Think sometime about how many repressed thoughts seem to pop up in dreams. The mind has a

funny way of not forgetting, even when we want it to.

We can never totally figure out our dreams, though. Lately I've frequently had dreams about slowly losing my sense of sight, or seeing the world around me suddenly start spinning or distorting like a funhouse, and I have no idea what that's about. And I never did come up with a good guess on what those robots and their macaroni dinners were supposed to mean.

But trying to unlock the mystery—and sometimes failing—is all part of the fun.



"Winooski Paints a New Picture," by Michael Amalfitano '08

NAKED  
OPINION  
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Tyler  
Machado

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## COLUMNS

# Out with the old, in with the new

Let's name the pros and cons of the Bush administration in comparison to Obama. Pros: Bush took out Saddam Hussein and brought democracy to Iraq. Unfortunately, the country is still unstable five years later and casualties are in the tens of thousands. Cons: He lied to America and said there were weapons of mass destruction in Iraq, then sent us to war in Iraq trying to connect it to 9/11. He then allowed acts of what has been called torture to detainees in Guantanamo Bay. Then he passed the Patriot Act, which allowed the government to be nosey bastards by tapping phone lines. He also passed the No Child Left Behind Act which gave teachers incentive to help their students cheat their way through high school in order to make the passing quota.

Obama's pros: He graduated from Harvard, was a successful community organizer in Chicago, which eventually led him to the position of senator from Illinois. Since being elected, he has already signed orders to do away with Guantanamo Bay and initiated a recovery plan that will create jobs and stimulate the economy. I don't need to tell you every other aspect of his plan as president because you can look it up if you so choose.

Obama's victory was by far the best thing to happen in the past eight years. The man is a uniter. He brought the liberals, moderates and even some conservatives together in not only agreement but excitement with a vision of change and hope we have all come to know.

Last July my man Vishwas brought up in casual conversation during a game

of Rock Band how he wasn't looking forward to going to the offices at the Vermont Democratic Party later that week. I was stunned that he had never mentioned this before seeing how he knew I actually enjoyed the political science courses we took together in high school. I asked what he did there. He told me he would do a bunch of seemingly useless time-killing odd jobs. As enticing as this sounded, I was more than inspired by Obama's campaign to let any boredom get in the way of getting involved. I ended up having him take me to the VDP the following week to volunteer. When I got there I met the staff and a bunch of other volunteers. I ended up doing voter registration on Church Street, data entry on vote-builder and phone banking, none of which were activities I would have chosen to do. However, knowing the cause and helping out Obama, even if Vermont is one of the most liberal states, made me feel like I was a part of something constructive, positive and worthwhile. Vishwas and I spent the rest of the summer and up until the election going back to the VDP and putting in five to 10 hours or so a week.

Obama's campaign united everyone who was fed up with the Bush administration and the bureaucrats running Washington. Seeing how that includes more than 70 percent of the population as of 2007, the man for change would have an indisputable advantage. The fact that it was Obama made my involvement twice as exciting. Electing someone who would be praised by people from Nas to Colin Powell to Samuel L. Jackson to pretty much any other respectable figure of American culture itself is a big step from the last presidency. The best part about Obama in office is knowing that McCain, or should I say William Jennings Bryan, and the majority of the policies Bush supported are history.

## GUEST COLUMNIST



Daniel  
Healy

# Witnessing a historical event

I had the opportunity to experience President Obama's historic inaugural address while I was interning at the statehouse in Montpelier. I sat in a packed room full of eager representatives and senators who "oohed" and "aahed" at every spoken word and gesture. I couldn't help but find myself transfixed by the entire event. President Obama's address started off by stating the severity of our economic, national and international problems. He alluded to the growing sense of national desperation and confusion, and the international talk about America's "inevitable decline" from its unipolar status.

Yet, he quickly offered the American audience inspiring examples of our resilience and global power.

## GUEST COLUMNIST



Sean  
Malvey

He alluded to past American battles and common folk who helped to fight for our distinct but unifying ideals. He offered simple but meaningful statements about our history's influence on the future. Even though past presidents have alluded to similar concepts about individuals, none have been able to present the very image they discuss. President Obama can not only eloquently formulate American perceptions about race and class, he also stands as a symbol for our nation's ideals because he is a black man raised by a lower-income white single mother.

President Obama also offered a firm stance on managing the international community through uses of hard and soft power. He offered assurances that American troops would begin to "respon-

"President Obama can not only eloquently formulate American perceptions about race and class, he also stands as a symbol for our nation's ideals because he is a black man raised by a lower-income white single mother."

sibly" leave Iraq and Afghanistan and that American foreign policy would look to advance "mutual interest and mutual respect" in the Muslim world. He also asked that people with anti-Western attitudes administer the fates of their nations by checking extended and encroaching powers from their governments. He also echoed past presidential sentiments for human rights and global poverty.

I was most struck by President Obama's ability to combine past American themes of dominance and proliferation with new ideas for diplomacy and green energy. At one point he warned the international community that America would only offer its "hand" in aid to those nations that "unclenched their fists." In other words, he was firmly warning the world that aggressive actions against the peace and prosperity of American people would not be compensated unless those actors were willing to engage in reasonable negotiations. He also echoed America's ability to tackle big social problems and prove doubters wrong. President Obama assured the public that the investment in revolutionary green energy and jobs programs will maintain and extend our prestige for ages to come.

# Biodegradable plastic doesn't biodegrade

Buy a bottle of soda and a sandwich at the local Subway and see how much plastic you get. Your bottle, its cap, the bag they toss your sandwich in and your straw are all going to be in the trash can when you've finished eating. What's one plastic bag in the trash? It can't hurt anything.

You're wrong.

Plastic takes 700 years to begin to decompose, which means in our lifetimes, we won't fully see the effects of our actions. Our landfills become filled with bottles, cling wrap and toys we don't recycle. Most landfills take only two or three types of plastic. Every day, thousands of tons of plastic are used and thrown away, and only about 15 percent make it to recycling centers.

## COLUMNIST



Roni  
Relno

Outside the United States, the problem is growing at an even larger rate. More than 61,000 tons of plastic waste came to India in 2000 as an import from other countries. With a population of over 1 billion and a quickly growing urban society reflecting that of the West, the increase of plastic consumption is inevitable. Eight out of 10 plastic water bottles become landfill waste. If everyone in India used one plastic bottle a day, about 918 million bottles would be trashed a day.

In the past few years, India has seen its sacred cows, who roam the streets freely, becoming ill from eating plastic. This has led to Delhi's announcement that it will ban plastic bags. Fines and threats of imprisonment will soon



bombard those breaking the rules. Like many other countries, India has a refuse problem.

But it's not just the cows that are learning you can't eat plastic for dinner. Fish are affected, too. In the Pacific Ocean, a garbage patch has accumulated 100 million tons of debris. Eighty percent of the waste in the patch is estimated to come from land-based sources and 20 percent from ships at sea. The Great Pacific Garbage Patch, as it's called, is estimated to be about 15 million square kilome-

ters, about 8 percent of the size of the Pacific Ocean.

Some scientists think they have a solution. They've created a biodegradable plastic. So, can we just throw our bottles in our compost? Think again.

Most biodegradable plastic is made of a synthetic polymer. Starch is used as a filling material for the rest of the product. Some companies are providing their customers with bags made of this type of plastic. However, they aren't entirely biodegradable. The bags consist of only 5 to 20 percent starch, which means at least 80 percent is still plastic and in no way biodegradable. Under special conditions, the starch degrades and the plastic falls apart into small particles, leaving little bits for animals to find and consume.

Well, it's a start, but it gives people the impression that every type of biodegradable plastic will disappear. It gives the "conscious consumer" the belief that he or she is doing good for the Earth, when simply not taking that plastic shopping bag and using a reusable one would solve the problem more effectively. If every person in New York City took one fewer plastic shopping bag from a store for one year, the city would save \$250,000 in waste disposal costs. A simple item can make a difference, no matter how small it seems.

When people finally see that they can't dispose of their waste in landfills anymore, we'll see how much throwing "just one" plastic bottle away didn't hurt anything. The moment we decide to lower our consumption is the moment we decide to give our Earth another chance.

## CALENDAR

### Tuesday 2/10

#### Poetry Reading

By Veranda Porche. Farrell Room,  
4 p.m. Free

#### Hubbard Street Dance Chicago.

Flynn Center for the Performing Arts  
7:30 p.m. Cost \$40/\$32

#### U.S. Census Bureau information table

Alliot Lobby 11, a.m.

### Wednesday 2/11

#### "Told Poetry/ Shared Narrative."

Center for Women and Gender, 7 p.m. Free

#### Resumé workshop.

Alliot Hall Vermont Room, noon-1 p.m.

#### U.S. Census Bureau testing

St. Edmund's Hall, Room 105, 4 p.m.

### Thursday 2/12

#### M.O.P, APATHY, SLAINE & Burnt MD concert.

Higher Ground, S. Burlington. Doors open 9 p.m.  
Cost \$25, \$23 adv

#### Walk-In Career Counseling

Student Resource Center, 1-3 p.m.

### Saturday 2/14

#### Winter Is a Drag Ball

Higher Ground, S. Burlington. Doors open 7:30  
p.m. Cost \$24, \$18 adv

#### Let's Whisper and The Pains of Being Pure at Heart concert

The Monkey House, Winooski,  
9 p.m. Cost \$8

### Friday 2/13

#### Flashback Dance Party

Higher Ground, S. Burlington 8:30  
p.m. Cost \$6

#### Brett Dennen with Angel Taylor

Higher Ground, S. Burlington Doors open 8  
p.m. Cost \$20, \$18 adv

#### Burlington Contra Dance

St. Anthony's Hall, 8 p.m. Cost \$8

#### Noche Flamenca.

Flynn Center for the Performing Arts. 8 p.m.  
Cost \$38/\$32

### Monday 2/16

President's Day, no class!

### Sunday 2/15

#### Balance DJ & Karaoke

Franny O's in S. Burlington, 9 p.m.  
Free

#### MI Yard Reggae Night with Big Dog & Demus

Nectar's, Burlington, 10 p.m. Free

#### Pine Street Jazz with Allison Mann

Lincoln Tavern Inn, Essex Junction, 6  
p.m Free

## Upcoming Events

### Thursday 4/19

"Journey's End: Destination of a Dream"  
UVM Memorial Lounge, Waterman  
Building. 7:30 p.m. Free

### Saturday 4/21

Third Saturday Dance Party  
Higher Ground, S. Burlington  
8:30 p.m. Cost \$10, \$7 adv.

### Thursday 4/26

Sweeney Todd  
Flynn Center for the Performing Arts.  
7:30 p.m. Cost \$62/\$54

## The Naked Opinion:

2/24 issue theme: GUILT & GUILTY PLEASURES  
Deadline 2/20 at 5 p.m.

3/3 issue theme: FASHION  
Deadline 2/27 at 5 p.m.

3/10 issue theme: AWKWARDNESS  
Deadline 3/6 at 5 p.m.

Contact Tyler Machado (kmachado@smcvt.edu)  
to submit your Naked Opinion.

### Reminders:

**Wednesday 2/11:** 6-and-5 person townhouse acceptances  
and forms due to Student Life

**Thursday 2/12:** 4-person townhouse/apt./G\*R\*E\*A\*T/  
honors/open group suites lottery cards available at  
Student Life office

**Sunday 2/15:** No 7 p.m. Mass because of long weekend

**Wednesday 2/25:** Confirmation deposit due to Student  
Accounts Office

### Weekly Events:

#### Monday:

Correctional volleyball & senior citizens games, MOVE  
office, 5:45 p.m.

#### Tuesday:

Baked loved, MOVE office, 4 p.m.  
Family friends, MOVE office, 4:15 p.m

#### Wednesday:

International coffee hour. St. Ed's Foyer, 3:15 p.m.

#### Thursday:

After-school games, MOVE office, 2:15  
Senior citizens bingo, MOVE office, 5:45 p.m.

#### Friday:

Liturgy of the word (LOW) lunch, meet in Campus  
Ministry office, 11:45 a.m.

#### Sunday:

Mass, Chapel of St. Michael the Archangel, 11 a.m. & 7  
p.m.

## SPORTS

# THE HUMAN FISH

*First-year Eileen Mullooney breaks seven records, goes 4-0 in women's tennis*

By Alyssa Hoffman  
Staff Writer

On the first day of training season in August 2008, first-year Eileen Mullooney rode to the tennis courts on her Razor scooter, pushing along in her signature yellow Crocs.

"Shy is never a word I would associate with Eileen," said Greg Cluff, women's varsity tennis coach.

Andrew Millikin, assistant swimming and diving coach, trained Mullooney at age 13 and knew the tennis player and swimmer was a local Burlington phenomenon. Mullooney would end the fall season 4-0 in women's singles and break several records in the pool.

#### Catch her if you can

Mullooney dove into the lanes of competitive swimming at age five. While on the Green Mountain High School Aquatics Club in high school, Mullooney swam every practice in the pool at St. Michael's. Needless to say, Tarrant Recreation Center has been her home pool since the days of doggy paddling for Mullooney.

Mullooney had the chance to attend college outside of Burlington, but is pleased with her decision to stay local and is pleased with her decision, she said.

"It is all that I could have hoped for, and more," she said.

During Mullooney's GMA days, she attended practices regularly and pounded in the yards at practice.

"Since I've come here, there have been more rests and sprint-based—I've actually gotten faster," Mullooney said.

Since Mullooney's first meet as a Purple Knight athlete, she has broken seven records and remains undefeated in the 200 freestyle.

Senior swimming and diving captain Stephanie Hammer used to coach Mullooney in high school and agrees that she has improved a lot.

"She's definitely more focused," Hammer said. "There's more of a spark; she's doing it because she wants to, so I think that really carries over into how she's performing on the team."

Head coach Jim Donoghue and assistant coach Millikin have also watched Mullooney grow as a swimmer. Millikin has noticed improvement in her strokes since she entered college.

"She has a real improved work ethic and dedication," Millikin said. "She's one of the hardest workers I think we have here, not only pushing herself, but pushing her teammates to do better and work harder and practice at the same time."

Although first-year Mullooney has years to come in her college career, age and experience has little meaning to the swimming and diving team.

"She is outspoken and likes to goof,

and definitely likes to make sure everyone knows she's here," Hammer said. "She's a great teammate and always cheering people on."

#### ACEI

"With the swimming season in full swing at St. Michael's Mullooney manages to stay on top of her schoolwork and hit a couple tennis balls, as well.

"Swimming was always my main sport and tennis was my fun sport," Mullooney said.

Considering tennis as her leisure sport, Mullooney played a singles match for four hours straight during the women's fall tennis season. She claimed victory with a 7-6, 6-7, 7-6 win as coach Cluff developed high hopes for the first-year.

Cluff witnessed Mullooney's skill during her high school matches, and has seen a change of attitude in Mullooney's competitive level.

"When I saw her play in high school, she was more tentative to keep the ball in play," Cluff said. "Now she is using her strength and power to end the points quickly and that's going to make her a terrific tennis player in college."

Mullooney also played doubles during the fall season with sophomore Marran Ranks.

"When we are on the court we stay focused on the task by creating a fun and relaxed atmosphere," Ranks said.

Opposites attracted with combination of Mullooney's and Ranks' personalities, allowing the duo to always get the job done, Ranks added.

"That was actually one reason why I put them together as a doubles team," Cluff said. "Their personalities are very different, but they complimented each other very nicely."

The women's tennis team officially starts their spring season in March against Stonehill College.

#### A normal first-year

When looking at colleges such as Bentley, Bates, and the University of Vermont, Mullooney felt at home at St. Michael's with friendly bonds already made with coaches and having her family close by.

Mullooney had the advantage of getting to know her swimming coaches and captains before she came to St. Michael's.

"She has a very outgoing personality and the seniors have taken her under their wings, kind of like a big sister-little sister kind of approach," Millikin said. "They certainly rag on her a little bit and joke around but she gives it right back to them at the same time."

Mullooney's sense of humor and ability to get along with teammates so well has created a great bond among the swimmers, Hammer said.

When Mullooney is not swimming laps in the pool or slamming tennis balls across the court, she is always doing something else. In the summer, the first-year athlete enjoys windsurfing on Lake Champlain and skiing in the winter.

"If I didn't have swimming and tennis, I wouldn't do anything," Mullooney said. "I would probably spend four hours watching *Law and Order*."



Photo by Lucia Suarez

First-year Eileen Mullooney prepares to race on Jan. 31.

## SPORTS

## DODGE: 'It's a sport where you can't be scared'

Continued from Page 20

Once the symptoms of the head injury subside, the trainers gradually reintroduce the athlete to increased physical activity over the course of seven days.

"If any symptoms return during the seven-day symptom-free program, we stop, wait and start again," Moore said. "I will not let a player return to play if I'm unsure of their status."

Dodge agrees that the trainers know best and said he thinks the protocol is necessary. He also said he didn't want to jeopardize himself or his team by returning to the game when he wasn't ready.

"An ankle you can tape it up and play on it, but with a concussion it's not smart to get out there until you're fully recovered," Dodge said. "I need to get out there and

play when ready so I can be productive for the team."

Moore said she and her fellow trainers treat concussions very seriously.

"You only have one brain, and you have to function for the rest of your life," Moore said. "It's the nature of the sport to get hit. It doesn't have anything to do with players doing anything right or wrong."

Dodge is well aware of the nature of the game. He has been playing contact sports all his life. Dodge first started skating at the age of 3 and began playing in hockey leagues at the age of 6. He is well-attuned to the intense physicality the game requires.

"I've always loved that part of the sport. It can be unforgiving, though," Dodge said. "That's one of the things I'll miss the most, getting in there, mixing it up and battling

your opponents."

Dodge's physical presence and leadership is palpable on and off the ice.

"He's a very intense, hard-working, 'give it your all' type player," head coach Chris Davidson said. "He's a battler with a real passion for the game."

Senior teammate and fellow assistant captain Dave Vorozilchak would agree.

"He's a real competitor. He works hard, brings a lot of emotion onto the ice and doesn't like to get beat," Vorozilchak said. "He's a senior leader, so having him on the ice is a great advantage for the team. We're a better team with him."

Dodge has experienced no symptoms of head trauma since his last concussion, and his coach and teammate express confidence in his ability to continue contributing to the team.

"Dodge playing despite injury is good for morale and definitely gives the team a boost," Davidson said, adding that since Dodge received clearance from the trainers, he's expected him to go 100 percent.

"I don't think he'd do it if he thought he were at risk," Vorozilchak said. "He felt good, came back and has been playing great ever since."

As the end of the season draws closer, Dodge can be expected to maintain his status as a team leader. With his last few months as a St. Michael's hockey player ahead of him, Dodge takes a look back.

"It's been quite a ride, an experience that's brought a lot into my life," Dodge said. "It's something I'll always have and appreciate. The game's been good to me."

## GPA: Athletes putting the 'student' back into student athlete

Continued from Page 20

The student-athlete women are on par with the overall St. Michael's female population, as both groups earned a 3.22 GPA. There are 21 varsity teams at St. Michael's, and eight of the top 10 academically were women's teams.

As well as the women athletes have done in the classroom, it is the men that broke records last semester. For the first time, the male student-athletes' GPA was over a 3.0. They earned a 3.01, while overall St. Michael's male students (including athletes) earned a 2.9.

"We've been working towards this," Landers said. "This has been one of the goals of the athletic department."

One of the things that made last semester so successful was a mentoring program that Landers initiated with the men's hockey team. Every player was assigned to a faculty mentor with whom he met every three weeks with grade sheets signed by their professors with their current grade in the class, he said. The players set a goal for each class, and the mentors coached them in how to achieve that goal.

"They sit down and they don't talk about hockey," Landers said. "They talk about 'how are you doing in this class?'"

The faculty mentors all personally know the players, Landers said.

"The four of us mentors for the men's hockey team, we are all people directly connected to

the team," he said. "The guys all know us. We have an interaction with them, and it's very personal."

The other mentors include Cole; Michael New, vice president of human resources; and philosophy professor Patrick Standen.

Second-year coach Chris Davidson said he's very pleased with how this program is helping the team increase its GPA and allows players to build their connections on campus.

Dave Vorozilchak, assistant captain and junior mechanical engineering major, said his favorite part of the mentoring program is that he now knows different faculty members.

"This is the beauty of being at a small school," Cole said. "As a student, you're not just a num-

ber, but a face and a person, and it's a two-way street."

One of the goals of the mentor program is to change the culture of the college in respect to student-athletes, Landers said.

"I want our faculty to have a different or a better view of student-athletes, and I want our student-athletes to have a better view of the faculty," he said.

Vorozilchak said he noticed that professors were more understanding when he put in the effort to balance both hockey and school.

"When you're willing to put in the work, they're willing to work with you," Vorozilchak said. "We're seen as more than just hockey players."

The "jock mentality" that exists within many male athletes is

changing, Cole said.

"Part of it is getting over the culture and the stigma that kind of exists that male student-athletes just kind of get by and don't have to worry about their results in the classroom," he said. "Now that some are seeing their peers do really well, hopefully that will help others raise the bar, as well."

Vorozilchak and Davidson have said they want this program to continue.

"We try to strive to get better each day, individually and collectively, each day better as a team," Davidson said. "That's what we've got to do in the classroom, as well."

BOSTON UNIVERSITY

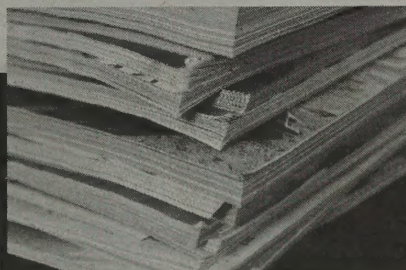
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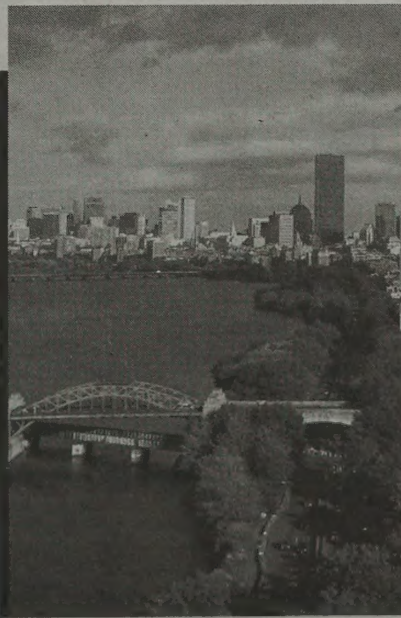
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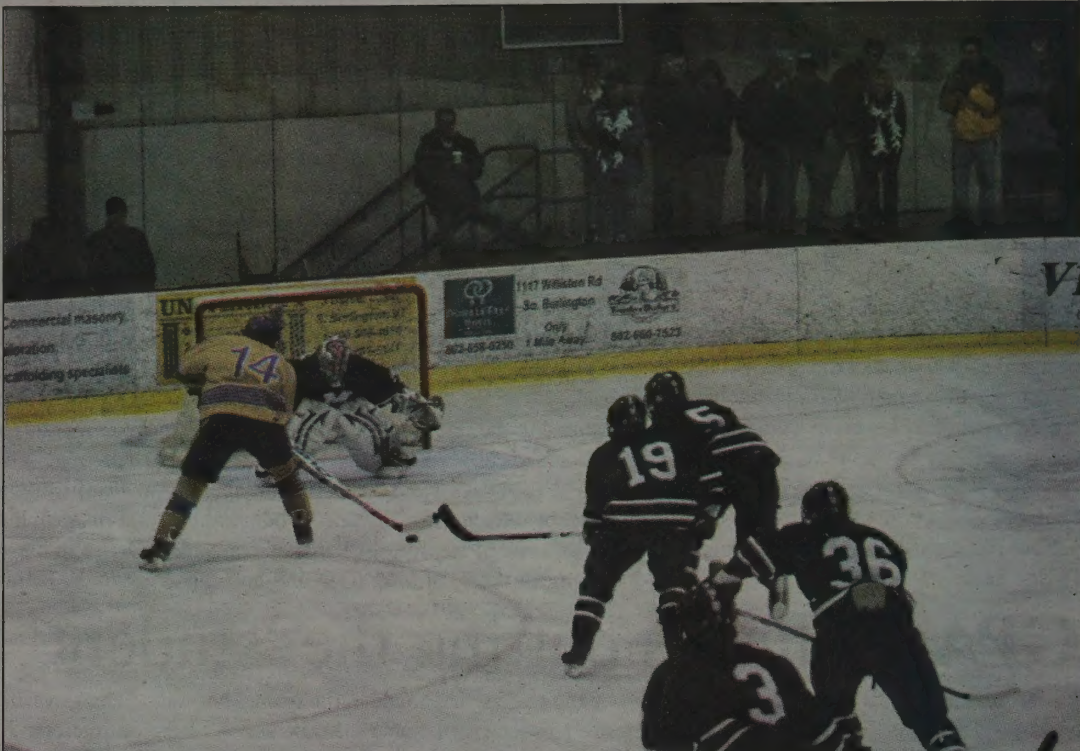


## SPORTS

## This week in Knights Ice Hockey



Kiera Nelligan (16) battles for the puck against UMass Boston defenders on Saturday, Jan. 31.



Senior Chris Healey dangles and scores in the Friday, Feb. 6, game against Middlebury College.



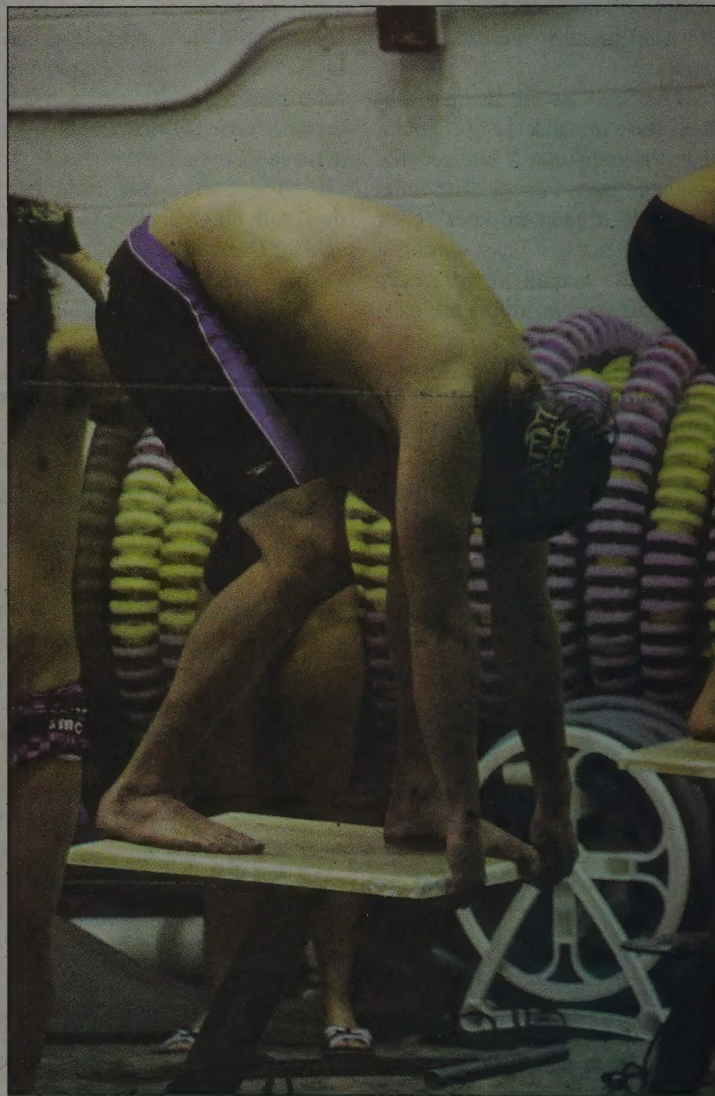
Junior Paul Nannicelli (22) and sophomore Brendan Rimmer (20) defend their goal against Southern New Hampshire on Feb. 3.

Photos by  
Lucia Suarez

## This week in Knights Swimming



Sophomore Kaitlyn O'Donnell gets ready for the 100-yard backstroke against Assumption College on Jan. 31.



Senior Alex Canning gets ready to take off of the block for the 100-yard breaststroke at the meet against Norwich on Jan. 31.



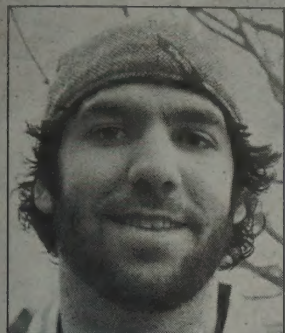
First-year Elileen Mullowney wins by a body length in the 50-yard freestyle against Assumption College and Norwich University on Jan. 31.

## SPORTS

## ATHLETE of the WEEK

Brad Harden

Junior | Skiing | Lake Placid, N.Y. | Business Administration

**High school:** Northwood School**Started Skiing:** At age 2**Why SMC:** Division 1 ski team that is really competitive and Loves downtown Burlington.**Music Currently on ipod:** Bruce Springsteen**Skiing Injuries:** Leg broken twice and broken arm**Favorite mountain to Ski:** Jackson Hole, Wyoming**Post-graduation plans:** plans on going to graduate school and hopefully being an assistant coach on a ski team.**Whats it like to ski with your brother Max on the team:** "It's good friendly competition between him and I, although I hate when I lose in a race against him".

**Why chosen:** Brad has finished in the top ten and top twenty agaisnt scholarship athletes in the last two weeks in the Mens Slalom.

## Sports Calender

► **Womens Basketball:** at Southern Conneticut Tuesday, Feb. 10, at 5:30 p.m. and home Wednesday Feb. 18, vs Le Moyne at 5:30 p.m.

► **Mens Basketball:** at Southern Conneticut Tuesday, Feb. 10, at 7:30 and away at Concordia Monday, Feb. 16 at 7 p.m.

► **Womens Hockey:** home Friday, Feb. 13, vs MIT at 7 p.m. and away at Castleton Sunday, Feb 15 at 1:00.

► **Mens Hockey:** at Castleton Friday, Feb. 13, at 7 p.m. and away at Skidmore Saturday Feb. 14, at 4:00 p.m.

► **Skiing:** Nordic: at Dartmouth Carival Friday and Saturday Feb. 13, and 14 at Oak Hill XC Center. Alpine at Darmouth Carnival Friday and Saturday Feb. 13, and 14 at Darmouth Skiway.

► **Womens Swimming:** at Umass- Darmouth Feb. 20, 21,22 all at 1 p.m. for the Womens NEISDA Championships.

► **Mens Swimming:** at Roger Williams Feb. 27, 28 and Mar. 1 all at 10 a.m. for the Mens NEISDA Championships

## Knight Moves

## ► Men's Ice Hockey

The St. Michael's College men's ice hockey team (7-11-2, 2-10-1 ECAC East) suffered a 2-1 setback to Williams College (12-6-2, 10-3-2 NESCAC) on Saturday afternoon at Cairns Arena. For St. Michael's, junior Jean-Maxime Legare (St. Augustin, Quebec) netted his first goal of the season. The team had to forfeit its first 11 games of the season because an ineligible player skating in them.

## ► Women's Ice Hockey

The St. Michael's College women's ice hockey team (4-14-3, 2-12-3 ECAC East) allowed four power play goals in dropping a 9-0 decision to league-leading College of the Holy Cross on Sunday afternoon. Sophomore Alysia Goldman (Ballston Lake, N.Y./Hebron Academy) stopped 30 shots for the Purple Knights, who were outshot, 39-19.

## ► Skiing

The ski team finished competition at the three-day University of Vermont Carnival on Sunday with a ninth-place showing. Junior Lauren Fereshetian (Turner, Maine/Leavitt Area) had the best showing of her career on Sunday, placing 18 in the women's 10-kilometer classic.

## ► Women's Swimming &amp; Diving

First-year Eileen Mullowney (Burlington, Vt./Burlington) lowered her program record in the 500-yard freestyle on Saturday, highlighting the St. Michael's College swimming and diving team's performance at the two-day MIT Invitational. Mullowney had three top-five finishes

on Saturday to lead the Purple Knights.

## ► Men's Swimming &amp; Diving

First-year Austin Bell (Sun Valley, Calif./Flintridge Prep) placed second in the men's 1,650-yard freestyle, leading the swimming and diving team on Friday in day one of the two-day Massachusetts Institute of Technology Invitational. The meet, which does not compile team scores, concluded on Saturday with 42 events.

## ► Men's Basketball

The St. Michael's College men's basketball team (7-12, 5-12 Northeast-10 Conference) committed 23 turnovers in suffering a 70-52 setback to the College of Saint Rose on Wednesday at the Ross Sports Center. For St. Michael's, senior Jon Zylstra (Uxbridge, Mass./Whitinsville Christian School) netted 14 points, making 7-of-12 shots from the field, and added six rebounds.

## ► Women's Basketball

Despite making 11-of-17 3-pointers and holding a 36-32 rebounding advantage, the St. Michael's College women's basketball team (11-11, 8-10 Northeast-10 Conference) dropped an 84-72 decision at Pace University on Sunday afternoon. Junior Alexis Keller (Harrington Park, N.J./Old Tappan) had a game-high 21 points to lead St. Michael's, making 8-of-13 shots from the field, including 5-of-6 3-pointers.

Statistics provided by Sports Information

## Knight WRITER

By Charlie Donahue

## Ode to Senior

Old buildings are sacred places. They are storied remnants of eras and people past that overwhelm the senses to anyone who steps inside them. Fenway Park, Boston Garden and St. Michael's Senior Hall are among the sacred edifices that have shaped my life. They deserve our respect.

Boston Garden was one of the most intimate places to view a game. Its seats right up next to the ice made spectators feel like they were part of the game. Although there may have been a few poles obstructing your view, no air conditioning and the occasional power failure, the environment of the arena was unparalleled anywhere. When the owners finally killed off the Garden for a more modern arena, they paid their respect by selling off its bones, including its bricks and banners.

Fenway Park, which was opened in 1912, has seen a lot of recent improvements (new seats, including the Monster seats, and the right field roof deck) that have made it more comfortable and improved the spectators view of the game. But the real charm of Fenway is its ambiance: Pesky's Pole, ice cold beeeahs, Cracker Jacks and some Fenway Franks.

It's much the same with Senior Hall. When we learn about it's closing, those of us who lived or hung out there know that St. Michaels needs to give the building its respect and resuscitate it or sell its most prized possessions. The truth is few students have even heard of the house, and even fewer have ever been there. I was lucky enough to have lived there, and it brings a tear to my eye knowing the college is closing the building for good. How could they? The building was St. Michael's version of a frat house and although it may have had frat house warts, we need to give the building its final respect. Personally, Senior Hall taught me a great deal. There are many skills and lessons I learned while living there that I simply wouldn't have acquired living anywhere else. For these attributes I must write my ode to Senior Hall.

Senior parking garage has given me the ability to park on a dime anywhere in the world. There were days when cars would box you in from every direction at 8 in the morning, and you would have to figure out how to get your car out. Similarly, I have mastered car-dodging thanks to route 15's convenient location on top of Senior Hall.

Perhaps you have heard a story about the "locked" room down in the basement where we had double-barrel bullpen sessions of pong, which is true. Oh, the basement. The graffiti-covered

wallpaper and rat traps tucked in every corner and crevice may have freaked out guests, but to us it was character. Although you had to battle sub-arctic temperatures year round, the 40-inch flat-screen television we had down there made it worthwhile. Hands down, we had the best view on campus and had our own athletic field in which we tossed the pill (football or baseball) for hours. Despite the fact that we had both an R.A. and an R.D. living with us (which was like having Arthur living with Doug Heffernan on "King of Queens"), we rocked on with both of them all year.

Senior Hall is Vermont's version of "Bromance". We faced many challenges and obstacles throughout the year and lost a few residents who couldn't brave it out, but we all came together by the end of the year. The bathrooms are great there, especially the urinals strategically placed right next to the bathroom door allowing people to get to know each other daily on a personal level. Ask Katie Clemente. Katie is the only woman to have practically lived in Senior. Katie described Senior Hall as "nasty, unhealthy, and rat-infested". However, she did acknowledge that the closing of Senior Hall is bittersweet. The bathrooms may have leaked but, hey, it's just water. The only negative thing about living there was the hippies who shaved what seemed like their entire bodies on the sink for you to clean.

At night you needed to have quick reflexes because the rats like to rummage around your room when you shut off the lights. I can't think of a better way to train you to sleep through anything. I know I can sleep through anything when I can sleep through the plows and trucks that drive by Senior and the rats that crawl around the room. It's not the rats you need to worry about most, it's the vampires from "I Am Legend" that lurk in the dark shadows of the abandoned homeless shelter next to Senior Hall.

Senior Hall gives you the life skills you otherwise don't get living anywhere else on campus. The college should at least have a ceremony to celebrate Senior Hall's long and proud existence. They could auction off some of the building's most prized possessions such as the TV, or coin-operated laundry machine and dryer. Maybe they can dump that money into the Pomerleau alumni building so they can sip coffee while checking their fantasy football teams. The Pomerleau Building will never have the same charm of my dear old rat infested Senior Hall.

## SPORTS



Defenseman Bryan Dodge absorbs the check of a Southern New Hampshire forward during a game Tuesday, Feb. 3. Dodge has been battling concussions this season and continues to play for the love of the game. Photo by Lucia Suarez

By James Dillon III  
Staff Writer

# BATTERED BUT UNBROKEN

*Two concussions this season don't stop senior Bryan Dodge from hitting the ice*

Bryan Dodge, a senior hockey player, has sustained three concussions over his hockey career, two of which have occurred during this season. In a high-contact sport, suffering multiple concussions increases the chances for further, perhaps permanent, injuries. Yet Dodge continues to play, despite the heightened risks, for love of the game and dedication to his team.

Dodge sustained his first concussion during his junior year at prep school. His second and third head injuries occurred this year. The first concussion of this season happened during practice and knocked Dodge unconscious.

"It's scary," Dodge said. "You wake up confused, not knowing what happened."

Dodge missed only one game because of the hit he took. His second concussion of the season, however, was more severe, causing him to sit out four games.

"This time I got hit hard, hitting the glass before hitting the ice," Dodge said. "My equilibrium was off, my vision was blurred, my legs felt like rubber."

The hit took place during a game his

father had come to see. Dodge described this concussion as particularly frustrating.

"I was sitting in the locker room right after it happened," Dodge said. "I wanted to be out there with my team to be part of the win, but at the same time I was proud of my guys - they came out with a big win."

Not many athletes would feel so comfortable playing such a high-contact sport after receiving multiple head injuries in one season, but Dodge trusts his coaches, trainers and his own instincts.

"It's a sport where you can't be scared," Dodge said.

Dodge's way of handling whatever nerves he may feel is to simplify his game and focus. Returning to the ice after his most recent concussion, Dodge said the more he thought about it, the more he questioned his game.

"Going into the first game I was a little hesitant, but after the first few shifts it was like nothing had happened."

Dodge has received no head injuries since and continues to be a key player on the team.

Even though he has yet to receive another concussion, Dodge's risk for further

injury is quite high due to his recent barrage of hits to the head.

"With someone who has had multiple concussions, you need to be more careful," said Jess Moore, the St. Michael's athletic trainer who handled Dodge's cases. "Multiple concussions in a short period of time are cause for concern for anyone, which is why I follow strict return-to-play guidelines."

Dodge acknowledges the increased risks but still admitted his own desire for a quick return to the ice.

"I was in more of a hurry to play than they wanted me to be," Dodge said. "I've always been an aggressive player. I've always been able to hit hard and take hits, sometimes without having respect for my body."

This year, Dodge has learned to have respect for his body, he said.

"I don't want to be in a position where I have permanent damage," Dodge said. "This is my last year playing hockey, and I'd rather go out playing."

See DODGE, Page 17

## Student-athlete GPAs are on the rise

By Emily Kaas  
Staff Writer

Balancing athletics and academics can be a daunting task. St. Michael's student-athletes are showing they can rise to the occasion.

### Striving for success

The overall St. Michael's GPA for men and women (including student-athletes) for the

fall 2008 semester was 3.07. The overall student-athlete GPA, men and women, was 3.17.

"One of our goals has been to get our student-athletes at least to the same level as the overall student body," said Dave Landers, visiting associate professor of psychology and faculty athletics representative. "And for us to have gone over that is an indication that we're doing the right thing for our teams."

Seth Cole, sports informa-

tion director, agreed that this reflects very positively on the student-athletes.

"What it ultimately means is that our student-athletes are more than just athletes," he said. "Whatever they do, they do 100 percent. So whether they're on the playing field they commit their all or they're in the classroom, they commit their all."

See GPA on Page 17

